

BUSINESS NAME: Vital Health SWQ & Northern NSW

POSITION TITLE: Exercise Physiologist

POSITION STATUS: Fulltime Contract Employee
(or schedule otherwise agreed with Professional)

REMUNERATION:

Minimum - Health Professional Level 2.1 package subject to supervision requirements. Based on Health Professional and Support Services Award 2010 – dependent on experience, and competencies signed. Paid according to contractual employment. New Grad or Senior clinical roles available.

LOCATION:

Position 1 Vital Health Roma, 20 Quintin Street, Roma QLD. Travel to other Vital Health Centre's and to VHSWQ outreach locations on occasion.

Position 2 Vital Health Inverell, 152 Otho St, Inverell NSW. Travel to other Vital Health Centre's and to VHSWQ outreach locations on occasion

SUPERVISOR/MANAGER:

Position 1 Sophia Meland – VHSWQ Clinical Coordinator
Harriet Benham – VHSWQ Clinical Manager
(or representatives as delegated from time to time)

Position 2 Trish Bellinger - VHI Director
(or representatives as delegated from time to time)

SKILLS & EXPERIENCE:

Qualifications: Bachelor or Masters of Exercise Physiology

Experience in a professional capacity: (desirable but not essential)

Private practice, working across sectors (community, health, education and disability)
Multi-disciplinary client centered care
Involvement in client care team
Chronic Disease Management
Workplace Health
Cardiac Health

REGISTRATION:

Essential: Allied Health Practitioner Regulation Agency (AHPRA) & Member of ESSA

RESPONSIBILITIES:

Delivery of professional Exercise Physiology clinical services that contribute to holistic outcomes to the client and/or community group; according to the standards required with AHPRA registration, ESSA, and professional indemnity requirements.

You will provide a generalist scope of practice, which will present you with an excellent opportunity to learn a range of skills in different settings including – Cardiac Rehab, Sleep Health, Workplace Health, Indigenous Health, Rural/Remote service delivery and private practice. By working as part of the SWQ Team you will work alongside Physiotherapists, Remedial Massage Therapist/s, Dietitians, Speech Pathologists and Occupational Therapists.

Dietetics Exercise Physiology Massage Occupational Therapy Physiotherapy Podiatry Speech Pathology

The professional services are within the context of community and client needs and as a member of an Allied Health team working in rural and remote community. Involvement in services, activities and in relationships in client care teams; and involvement in community Allied Health teams (including across sectors) where Vital Health is a part of an external team.

KEY RESPONSIBILITIES AND ACTIVITIES:

ADULT and PAEDIATRIC

1. Provision of Exercise Physiology toward client centered goals, wellness and optimal health status:
Use clinical reasoning, evidence based practice and best care practice to ensure clinical standards are met and maintained.
Provide relevant pathways and liaison with other medical professionals.
Work within scope of practice and see assistance where uncertain
Empower clients to take control of their condition through education, home, gym and clinical based exercise programs, community engagement and interaction.
2. Cardiac Health
Working collaboratively with the visiting Cardiologist to provide ECGs, stress testing and echo stress testing.
Administering cardiac and pulmonary rehabilitation group, individual and other services to evidence based and best practice standards.
3. Sleep Health
Administering sleep health services including but not limited to home based sleep studies, CPAP trials, therapy analysis and reporting and sales of CPAP machines (full training on sleep health is provided)
4. Workplace Health
Performing Functional Capacity Evaluations for external businesses in a variety of settings.
(full training on workplace health is provided)
5. Paediatric
Provision of Exercise Physiology for client and family/carer's, with paediatric focused goals, scope including development, enhanced function, access to education and all regular childhood experience.
(full training and support with specific paediatric cases is provided)
6. Disability Care specific services:
Goal setting, assessments, recommended programs and care planning for optimal functional and community integration
NDIS referral and team communication, client pathways, team planning (within Vital Health and possible with other client purchased services).
NDIS information research, sharing and input to planning in Vital Health.
Communicating with other community based organisations, teachers, GPs toward best practice in holistic client focused care.

7. Communication toward professional service:
 - Communication of assessed needs clearly and precisely to client.
 - Communication within client care teams, to/from funding organisations

OUTREACH

Adult and Paediatric Exercise Physiology to 'in-community' locations.
Delivery of EP services, as above for selected outreach locations
Clinical records in line with Vital Health policies, at each location.
Maintenance of statistics, outcome measures and other documentation required for continued funding.
Input on request into Allied Health funding applications for future outreach services.

NDIS

NDIS Client service provider at Vital Health (see ADULT and PAEDIATRIC sections)
Client integration in multidisciplinary team.
Assessments & reports for clients in their NDIS approval process (reporting relevant to areas of activity participation and function for those who may be eligible NDIS plan)
Develop Service Agreements between Vital Health and clients of NDIS
Provide Exercise Physiology services for those approved under the NDIS, in line with NDIS criteria.
Communicate with other NDIS service providers in the region to ensure client care requirements for team care, shared activities towards goals meeting and meeting health care standards, supported access to onward referrals.
NDIS – information research, sharing and input to planning in Vital Health.

GENERAL

Establish and maintain positive working relationships with clients, families, team members and other key stakeholders.
Commitment to the ongoing development of the practice and its services, including input to clinical meetings as required.
Commitment to ongoing professional development – maintenance of Professional Development log required for continued registration.
Delivery to other clinicians at Vital Health of professional development in areas of expertise or where further learning has taken place.
To contribute to, and assist with the planning and development of the provision of services and consolidation of existing services.
Willingness to attend community events and networking opportunities.
Ability to uphold business & client confidentiality and legal & ethical requirements
High quality customer service & client focus
Organisational & time-management skills; punctual & reliable
Self-motivated but able to work in a team environment
Comply with organisation policy, procedures, codes and standards

CAREER PATHWAY

New Grad EP – Intermediate EP – Senior EP + Clinical EP Leader
– Clinical Coordinator – Clinical Manager