**POSITION DESCRIPTION**

**POSITION TITLE:** Mental Health Professional

**POSITION TYPE:** Full Time, Fixed Term  **POSITION No:**

**LOCATION:** Katherine

**LINE MANAGER:** Community Health Manager **GRADING: RAN /P3**

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**POSITION SUMMARY:**

The Mental Health Registered Nurse/Psychologist/Occupational Therapist/ Social Worker provides expert support to clients requiring mental health care, their families. The position promotes social and emotional well-being, early detection of mental illness, activities for prevention of self-harm, suicide and upliftment of self-esteem. The position promotes excellence in clinical standards and quality of care and works closely with the broader Primary Health Care (PHC) team to integrate and coordinate prevention and care for best outcomes for the client. The position is a region wide clinical outreach position and requires travel by light plane or four-wheel drive and overnights stays to all Sunrise Health Service Aboriginal Corporation (SHS) communities on a regular basis.

Our key values include mutual respect, openness, engagement, two-way learning, and cultural safety.

**MAIN DUTIES/RESPONSIBILITIES:**

* Provide information and education to individuals and groups on issues related to mental health and social and emotional well-being
* Conduct mental health screening of all community members using a recognised screening tool for the early detection of mental health issues and refer at-risk patients to specialised services for early management
* Follow up at-risk patients and those referred back after being discharged from specialised services
* Provide Mental Health Prevention and Care Services for people of all ages in the SHS region through direct contact with clients and families and providing advice to other members of the PHC and Community Health Team
* Demonstrate a high standard of professional practice and clinical leadership that incorporates best practice, education and research
* Contribute to and assist the multidisciplinary PHC and Community Health Team in the case management, coordination and decision making for clients requiring Mental Health Care
* Lead an integrated approach to the delivery of mental health service at SHS, actively promoting mental health awareness and primary prevention
* Facilitate better access to quality care for people with mental health related conditions
* Implement and promote evidence based standards and policies which are compliant with relevant professional, industrial and legislative requirements
* Capture and share clinical information with relevant healthcare providers, including using patient clinical records and relevant data reporting
* Work in close collaboration with the Royal Darwin Hospital inpatient service, visiting Katherine Mental Health Team and NDIS host/agency.
* Other duties as directed

**All Staff Responsibility:**

* Take reasonable care of his or her own health and safety
* Take reasonable care for the health and safety of persons who may be affected by the employees acts or omissions at a workplace
* Cooperate with his or her employer with respect to any action taken by the employer to comply with any requirement imposed by, or under, an Act or Regulation relevant to the workplace
* Ensure that all requirements of Work Health and Safety, EEO and other policy, legislative, and regulatory responsibilities are observed by you, other Sunrise staff and contractors engaged by Sunrise
* Identify, recommend and implement continuous quality improvement initiatives for clinical, administration and operational functions that align with and support organisational safety and quality systems

**EDUCATION, EXPERIENCE & SKILLS**

**Qualifications/Accreditations:**

1. Bachelor of Nursing/Psychology/Occpuational Therapist/Social Worker
2. Post-graduate qualification in Mental Health
3. Current unrestricted manual Drivers Licence
4. Current First Aid Certificate
5. Non adverse National Criminal History Check
6. Current OCHRE clearance
7. Vaccination Certificates

**Experience:**

1. Minimum 3 years experience in Mental Health

**Personal Qualities:**

1. Understanding of cultural competency and cultural safety when working with Indigenous people and multi-cultural societies
2. Be able to maintain confidentiality and privacy at all times.
3. Be willing to undertake mandatory and further training relevant to the role.
4. Physical ability and the willingness to undertake the inherent requirements of the position.
5. Strong personal values that align with the Sunrise Way.

**VALUES:**

**Commitment -** We believe that the Aboriginal Community Control Health Service delivery model is essential for the best possible health outcomes for Aboriginal and Torres Strait Islander people. We are committed to regular communication with individuals, communities, and to the wider Australian community to promote Aboriginal and Torres Strait Islander health equity.

**Open-mindedness -** Our health programs will be holistic and culturally safe, incorporating traditional healing and the use of bush medicines, linked to a bio-psycho-social health service delivery model. We encourage a two-way learning, service delivery model, blending cultural ways and “mununga” or best practice Western Medicine ways to expand and maintain a strong health service.

**Honesty -** We believe in a fair go for everyone and to be open and transparent in all our business.

**Efficiency -** We believe clinical services should be provided by Primary Health Care teams which incorporate interdisciplinary service delivery models, learning and action.

**Respect -** We promote mutual respect between staff and community. We respect client confidentiality and the individual’s rights to make their own decisions about health.

**Education -** We actively seek and promote opportunities for Aboriginal and Torres Strait Islander people to develop careers in health and to provide personal development opportunities to staff and Board members to advocate for health and to set an example for others to aspire. We are committed to developing the skills and knowledge of all staff through professional development opportunities.

Approval

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| Line Manager |  | Date |  |
| CEO |  | Date |  |
| Encumbant |  | Date |  |