

Position Description

Position Title	Youth Mental Health Clinician
Directorate / Service / Program	Client Services / Mental Health and Alcohol and Other Drugs
Reports to	Team Leader Youth Health and Wellbeing
Location	Geelong
Classification	Social, Community, Home Care and Disability Services Industry Award Level 6
Date Revised	December 2023

ABOUT US

Barwon Child, Youth & Family and Bethany Group have merged. We are now Meli, inspired by the word Meliorism. The belief that the world can be made better through human effort.

Meli is a Victorian not-for-profit organisation, offering a unique combination of services to support members of our community throughout their lifetime, from early childhood through to adolescence and adulthood.

Everyone faces challenges occasionally, and Meli is here to lend compassionate help, and to take a preventative and early response approach – no matter how big or small a problem.

Our Purpose: Supporting people, strengthening communities.

Our Vision: A fair, safe and inclusive community where everyone can thrive.

Our Values: Build Connection, Show Courage, Inspire Action, Celebrate Difference, Be Dynamic.

To learn more about Meli please visit meli.org.au.

POSITION OVERVIEW

The Youth Mental Health Clinician is focused on the provision of mental health counselling and support of young people referred to or seeking access to headspace services. This includes the provision of evidence based counselling and psychosocial support and may include the provision of short-medium term interventions including group programs and centre based or outreach support. The key objectives of this role are:

- Engage, assess, and provide support to young people and their friends and family/carer's.
- Discuss and initiate client referrals to appropriate community supports.
- Participate in supporting a timely, responsive, and efficient youth mental health counselling service.
- Manage an active caseload.

KEY ACCOUNTABILITIES

Duties of this position may include, but are not limited to the following:

Service Excellence

- Provide evidence based therapeutic support to young people accessing headspace Geelong for counselling around high prevalence mental health concerns.
- Work collaboratively and effectively with the headspace team to support young people accessing services at the headspace Geelong sites.
- Provide thorough assessment, case formulation, service planning, service delivery, and episode of care reviews in response to the client's identified needs and thus supporting clients with the formulation of their treatment and or recovery goals.

- Manage an active case load and support client flow using service planning strategies to support client recovery and progression through headspace Geelong services as well as service transition and exit.
- Manage an active caseload with short-medium contact (six to twelve sessions)
- Use templates as directed to open and close clients.
- Actively working to achieve KPI's requested by funding body - monitoring of session numbers and episodes of care.
- Other reasonable duties as directed.

Client Record Keeping

- Ensure that client records are maintained in our electronic client database.
- Ensure headspace minimum data set information is maintained in HAPI and that your allocated clients understand the purpose of HAPI and how it records a client's progress.
- Ensure your active client list is maintained and assist team to manage client flow/priority.

Client Focus

- Assist in the implementation of the headspace Geelong program including service promotion.
- Support headspace therapeutic groups programs as required.
- Provide centre based and outreach support according to client need.

Organisational Accountabilities:

- Other reasonable duties as directed.
- Apply Meli's quality and risk management frameworks.
- Understand and comply with the standards of a child safe organisation.
- Active involvement in professional development to build knowledge and skills.
- Make decisions following Meli values, relevant standards, practices, policies, procedures, regulations, industrial instruments and legislation.

QUALIFICATIONS, SKILLS AND EXPERIENCE

- Tertiary qualification in mental health including Psychology, Social Work or Occupational Therapy (mental health accredited).
- Minimum 2 years experience in working with young people including demonstrated skills related to the provision of psychological counselling that is developmentally appropriate and time limited.
- Excellent written and oral communications skills including experience networking and referring clients in a supported process to internal and external services.
- Demonstrated understanding of the principles of psychosocial rehabilitation and evidence based therapeutic counselling interventions for high prevalence mental health issues including relevant AOD or Dual Diagnosis/Dual Disability experience.

OTHER REQUIREMENTS OF THE ROLE

All employees must undergo and maintain a range of satisfactory checks as a condition of employment. These include:

- Working with Children Check
- National Police Check
- International Police Check (if required)
- Have the right to work in Australia

KEY STAKEHOLDERS

- Meli employees
- headspace Geelong staff including GPs, Nursing staff, Allied Health employees and contractors
- headspace Youth Futures Crew, headspace National Staff, and other relevant local stakeholders

Issue Date: April 2024

Custodian: Team Leader of Youth Health and Wellbeing

Meli Group Approved Document

Review Date: April 2025

Uncontrolled when printed

PHYSICAL REQUIREMENTS & ENVIRONMENTAL CONDITIONS OF THE ROLE

Meli is committed to creating inclusive spaces that are accessible for everyone by reducing and/or removing barriers through reasonable adjustments.

The following table shows the physical and psychological work environment characteristics that have been identified as part of this role. Where possible, Meli will make reasonable adjustments to support individuals to succeed in their roles.

REQUIRED ACTIVITIES / WORKING ENVIRONMENT	FREQUENCY
Computer based tasks, sedentary position, office based	Often
Repetitive manual tasks	Sometimes
Working in buildings which may have stairs (Reasonable adjustments can be made)	Often
Driving, in & out of vehicles (If driving is required, must hold current Victorian Driver Licence)	Sometimes
Bending, lifting, pushing, pulling	Rarely
Working alone or at a co-located site	Sometimes
Confrontational/confronting situations (Due to the nature of our work, there may be times when staff are exposed to behaviour, language and/or situations that can be confronting)	Often
Working outside in differing weather conditions	Sometimes
Working on-call and/or after hours	Rarely
Attending external locations including client homes	Sometimes

INCLUSION STATEMENT

Meli is committed to being a place where everyone has a sense of belonging.

We embrace the unique perspectives and experience of our people and our community, and their voice is at the heart of our values and decision making.

We aim to be courageous as we learn, grow, and evolve as an accessible, inclusive and safe organisation for people of all identities.

We are working to create a team of people who reflect the diverse community we support. Aboriginal and Torres Strait Islander, LGBTQIA+, culturally diverse people, those living with a disability, and those looking to return to the workforce following a break in their career, are encouraged to apply for our roles.

CHILD SAFETY STATEMENT

Meli is committed to child safety in every aspect of the organisation. We take deliberate steps to protect children from physical, sexual, emotional, and psychological abuse and neglect. Our organisation fosters openness to create a culture in which everyone – staff, parents, carers, and children – feel confident, enabled, and supported to safely disclose child safety or wellbeing concerns.

We have zero tolerance of any abuse or maltreatment of children. We are committed to ensuring children and young people are able to actively participate in decisions that affect their lives.

We understand our legal and moral obligations to treat any child safety concerns seriously. We report any allegations and wellbeing concerns to authorities. We are committed to the cultural safety of all

children and young people. This includes providing a safe environment for children and young people with a disability, who are Aboriginal and Torres Strait Islander, from culturally and/or linguistically diverse backgrounds or who identify as LGBTI+.

Meli's policies and practices promote the safety and wellbeing of children and establish an effective, consistent approach to prevent, respond to and encourage the reporting of allegations of child abuse and harm.

All children, their families and carers should feel welcome at Meli, including feeling able to express their identity and raise concerns about their own or others' safety.

EMPLOYEE DECLARATION

I have read and understood this Position Description and in signing this document agree that I can fulfill all the requirements of the position described in this document. Additionally, I agree to notify management immediately of any change in my capacity to meet any of the requirements outlined in this Position Description.

Name:	Signature:	Date:

Note: The intention of the position description is to provide an outline of scope and responsibilities, at a point in time. Please note, responsibilities may evolve in accordance with organisational needs.