



NUNKUWARRIN YUNTI OF SOUTH AUSTRALIA INC

182 – 190 Wakefield St, ADELAIDE 5000

JOB & PERSON DESCRIPTION

POSITION TITLE:	CLASSIFICATION LEVEL:
Perinatal and Infant Mental Health Clinician	NY HS Level 5/1.
PROGRAM:	OCCUPATIONAL REQUIREMENT:
Towilla Puruttiappendi Team (Healing our Spirit)	Registration with AHPRA and/or AASW.
TENURE/STATUS:	LOCATION (if other than Wakefield Street Adelaide):
Ongoing subject to funding 0.7 FTE	Primarily Wakefield Street, with some outreach to other Nunkuwarrin Yunti premises.
POSITION REPORTS TO:	WORKS CLOSELY WITH:
Program Manager, Towilla Puruttiappendi	Towilla Puruttiappendi team members, Maternal and Child Health Service personnel and staff from other Nunkuwarrin Yunti programs

1. PURPOSE STATEMENT

Nunkuwarrin Yunti aims to promote and deliver improvement in the health and wellbeing of all Aboriginal and Torres Strait Islander people in the greater metropolitan area of Adelaide and to advance their social, cultural and economic status. The organisation places a strong focus on a client centred approach to the delivery of services and a collaborative working culture to achieve the best possible outcomes for our clients.

Towilla Puruttiappendi (Healing Our Spirit) provides counselling and support services which assist people to deal with a wide range of issues including grief & loss, depression, domestic & family violence, family and/or relationship matters, and any other issues which impact on social and emotional wellbeing. Other Social Health services include the provision of emergency assistance, advice and referral to other social support agencies, individual/family support and case management. The Program also provides outreach counselling and support through a range of other agencies and locations throughout the metropolitan region. Case work services within Towilla Puruttiappendi include dedicated Child and Maternal case work.

The Strong Mums Solid Kids program seeks to:

1. Increase access to culturally appropriate antenatal and postnatal care
2. Improve Health literacy of parents by providing information about normal child development
3. Provide practical advice and assistance with breastfeeding, nutrition and parenting
4. Monitor development milestones, immunisation status and Health,
5. Provide health checks and referrals to treatment for Indigenous children before starting school

The primary role of the Perinatal and Infant Mental Health Clinician position is to:

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- Provide intensive mental health care and longer term care coordination for pregnant women and parents who are primary carers for children up to 5 years of age.
- Provide early intervention targeted at enhancing the emotional wellbeing of mothers, fathers and newborns, promoting healthy attachment and reducing parenting difficulties.
- Work with parents of children with behaviour management difficulties.
- Work with families with complex psychosocial issues and past trauma backgrounds.
- Encourage clients to access a range of social, health and welfare services, which include other Nunkuwarrin Yunti programs and external agencies.
- Provide specialist, expert advice to clients and allied health professionals, primarily within Nunkuwarrin Yunti, to facilitate best practice and culturally appropriate mental health care.
- Provide additional periodic or ongoing activities that may arise during the tenure of the role to meet client needs or otherwise as requested of the team manager.

2. KEY RESPONSIBILITIES/DUTIES

(Identify the significant services of work, which are the key outputs of the position)

KEY RESPONSIBILITIES	PERFORMANCE MEASURES (Measures the outcome of the following activities by quantity, quality, or timelines.)
<p>Provide Perinatal and Infant Mental Health Therapies that assist Aboriginal Families with risk factors that could impact on maternal, infant and child health outcomes, for example:</p> <ul style="list-style-type: none"> • Young parents • Single parent families • Ongoing effects of trauma, loss and grief • Socio-economic disadvantage • Substance misuse • Family fragmentation • Poor physical health 	<p>This will be measured by:</p> <ul style="list-style-type: none"> • Planning integrated care and preventative measures to minimize risk of parenting difficulties. • Planning and providing perinatal and infant mental health care for mothers identified with disruption to the attachment process. • Making assessments of client needs consistent with multi-disciplinary case conference outcomes, referrals and industry practice. • Delivering therapies including counselling, psycho-education and other clinical interventions in a manner that is culturally safe and relevant to the client. • Maintaining a full time equivalent case load of 22-25 clients per week – Pro rata (est. 15-16 clients at 0.7 FTE) • Billing services where appropriate through Medicare or other funding sources, in alignment with mental health care plans. • Working closely with identified internal positions such as visiting Psychiatrists, GPs, mental health recovery Social Workers and social health Case Workers, and the Maternal and Child Health Services team, to ensure a coordinated approach to service intervention. • Making appropriate referrals to Social Workers and other alternative services where relevant, inclusive of government and non-government social services. • Advocating for the client's rights in treatment, in particular for recognition and respect of cultural safety. • Participating in case conferences and client care reviews with internal programs and/or external agencies.

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	<ul style="list-style-type: none"> • Updating and maintaining resource information including electronic data sources. • Being available to Nunkuwarrin Yunti colleagues as source of information and ideas in relation to client referral pathways.
Provide specialist, expert advice to clients and allied health professionals Ensure the administration of high quality mental health services to clients	This will be measured by: <ul style="list-style-type: none"> • Formulating, recording and managing client care plans within the Communicare ® Patient Information System. • Maintaining required timely and accurate documentation of clinical notes consistent with professional standards. • Contributing to the development and implementation of suitable policies and procedures governing the provision of Perinatal and Infant Mental Health services. • Providing agreed statistical reports and other reports as requested, including oral reports as required.
Promotion of the New Directions program, TP Social Health services and other Nunkuwarrin Yunti services	This will be measured by: <ul style="list-style-type: none"> • Demonstrating a pro-active, confident approach to promoting Strong Mums, Solid Kids Services, Towilla Puruttiappendi and Nunkuwarrin Yunti services to community groups, tertiary institutions and other agencies when required. • Promoting and presenting a positive image of Nunkuwarrin Yunti to other staff, clients and the community in general.
Team & Organisational Activities Maintain a positive working relationship with other TP team members and Strong Mums, Solid Kids team members within a multi-disciplinary team.	This will be measured by: <ul style="list-style-type: none"> • Contributing to and supporting positive team morale. • Actively participating in team planning activities and team meetings. • Actively developing and maintaining effective internal and external networks in a professional manner. • Working collaboratively with and supporting other Nunkuwarrin Yunti colleagues and teams where required.
Professional Development Participate in personal and professional development activities.	This will be measured by: <ul style="list-style-type: none"> • Attending professional development training courses related to effective delivery of social and emotional well being services to clients. • Attending professional meetings as required (reflective practice, multi-disciplinary, debriefing). • Participating in workplace practice supervision.
Administrative Activities Ensure compliance with a range of administrative practices which support	This will be measured by: <ul style="list-style-type: none"> • Maintaining timely and accurate documentation of client case notes, consistent with professional standards. • Providing regular statistical and other reports as

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Towilla Purruttiappendi and Nunkuwarrin Yunti services.	<ul style="list-style-type: none"> requested. Ensuring secure management of client data and client files and compliance with privacy policies and legislation. Use of Communicare.
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3. SELECTION CRITERIA

ESSENTIAL - includes qualifications, skills, experience and knowledge.

- Demonstrated knowledge and understanding of Aboriginal and Torres Strait Islander societies and culture.
- Demonstrated experience and ability to work sensitively with Aboriginal and Torres Strait Islander mothers, fathers and families in the perinatal period.
- Qualification and relevant industry registration in a Mental Health Discipline. These include but are not limited to:
 - Psychology,
 - Mental Health Social Work,
 - Mental Health Nurse, or
 - Occupational Therapist.
- Eligibility to practice within Australia including, where relevant, registration with AHPRA and eligibility to get a Medicare Provider number for services to be delivered at Nunkuwarrin Yunti.
- Expertise and appropriate qualifications to work specifically with children aged 0 to 5 years, and their families.
- Demonstrated ability to work collaboratively within a multi-disciplinary approach, in particular Aboriginal and Torres Strait Islander Health Workers and contribute to the development, implementation and review of shared care plans.
- Demonstrated knowledge of computerised information systems and proven ability to utilise research/ quality improvement strategies to affect changes in clinical practice.
- A high level of written and verbal communication skills, including the ability to produce reports, demonstrate conceptual thinking, produce and deliver presentations to small and large groups.
- Highly developed organisational skills and the ability to provide innovative solutions to complex combinations of client, service provision and statutory factors.
- Demonstrated integrity, reliability, flexibility and self-motivation.
- Self-confident with the ability to work autonomously with minimal direct supervision.
- Ability to develop an understanding of legal risk and legislation related to the role.
- A knowledge of and demonstrated commitment to workplace diversity, workplace participation, Occupational Health & Safety, and willingness to abide by the policies and procedures of Nunkuwarrin Yunti of South Australia Inc.

DESIRABLE

- Experience working with Aboriginal families in a community environment.
- Experience/training in Dyadic developmental psychotherapy or family therapy.
- Experience and / or qualifications in Narrative Therapy.
- Mental Health First Aid certificate or training.
- An understanding of culturally sensitive practices.
- An understanding of the legal implications of client work.
- Registration with a relevant industry body (e.g. APS, AASW).
- Specialization in a relevant area (e.g. Clinical Psychology).

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4. APPOINTMENT CONDITIONS

Special Conditions and Status

1. Ongoing, subject to funding.
2. Some out of hours work may be required.
3. Some intrastate travel may be required.
4. Appointment is subject to a satisfactory National Police Clearance Certificate.
5. Subject to 6 months satisfactory probationary period.
6. Salary Sacrifice, Superannuation Employer contribution.
7. Current SA Driver's Licence and willing to drive in the course of work activities.
8. Conditions of employment are in accordance with Nunkuwarrin Yunti of South Australia's Enterprise Agreement/Collective Agreement.
9. Bulk-bill in accordance with defined Models of Care, with MBS revenue to be assigned to Nunkuwarrin Yunti of SA Inc.

5. PERFORMANCE/SKILL STANDARDS

Performance will be measured and assessed against objectives set out during the performance agreement and in alignment with the job and person specifications for the role.

6. WORK HEALTH AND SAFETY

Follow defined occupational health and safety legislation, and Nunkuwarrin Yunti's policies and procedures related to the work being undertaken in order to ensure own safety and of others in the workplace. Take such action as is within your competence and responsibility to report or make recommendations to a higher level representative as you deem necessary, to avoid, eliminate or minimise hazards of which you are aware in regard to working conditions or practices. Keep work areas in a safe condition and report any near accident, accident or injury, which arises in the course of your work.

7. EQUAL EMPLOYMENT OPPORTUNITY

Responsibility Statement

Contribute to the maintenance of a healthy, safe and equitable working environment by maintaining knowledge of and adhering to the principles and standards of Equal Employment Opportunity legislation that ensures all employees in the workplace are treated in a fair and equitable manner, free from discrimination, bullying and harassment.

Recognise that confidentiality will be abided by at all times in line with Organisational policy and respect the cultural sensitivity of all clients/customers of Nunkuwarrin Yunti of South Australia Inc.

Abide by the policies and procedures of Nunkuwarrin Yunti of South Australia Inc.

8. CERTIFICATION

The details contained in this document are an accurate statement of the duties, responsibilities and other requirements for the job.

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Duties and responsibilities for this position should not be considered definitive. Duties may be added, deleted or modified, in consultation with staff, as necessary.

Employee Statement:

As occupant of this position I have noted the statement of duties, responsibilities and other requirements as detailed in this document.

Name Signature Date

Authorisation

Program Manager

Name Signature Date

APPROVED BY

CHIEF EXECUTIVE OFFICER

Name Signature Date

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