

# **POSITION DESCRIPTION**

Position title	Mental Health Nurse Clinician – CCT/MATT	Reference	hYEPP.TL-CCTMATT:DWN
Award & Classification	HPPS 4/N 4	Tenure	Refer to Letter of Engagement
Hours	Full time	Reporting to	Program Lead hYEPP
Location	Casuarina	Program	hYEPP
Section	headspace Darwin	Cost Centre	hYEPP - 3410
Approved	Jade Gooding, General Manager	Date	25 January 2017
Comment	Anglicare NT is the Lead Agency of the expanded headspace Darwin centre. This position entails a senior clinical and leadership role within the Centre		

## AGENCY STATEMENT

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. Our values of Integrity, Fairness, Respect, Community and Hope are demonstrated through our commitment to strength-based practice, cultural respect, child safety, social justice, community development and partnerships. We aim to make a sustainable difference in the lives of Territorians. Anglicare NT is an agency of the Anglican Church of the NT, formed to respond to the social needs of our diverse communities. We are a member of the Anglicare Australia network.

#### **PURPOSE OF THE POSITION**

As the Mental Health Nurse (MHN) Clinician in the combined Continuing Care and Mobile Assessment and Treatment Team (CCT/MATT), you will be allocated clinical responsibilities as directed by the Program Lead hYEPP. The MHN Clinician will work closely within a multidisciplinary team including psychiatrists and general practitioners (GPs) to facilitate the provision of coordinated clinical care and treatment.

#### MATT Responsibilities:

You will be responsible for the coordination and facilitation of comprehensive assessments in consultation with the Consultant Psychiatrist and/or Psychiatric Registrar, for young people who are experiencing, or at risk of, a first episode of psychosis. This includes mental health and risk assessments, case formulation, community based treatment, and crisis response consistent with the EPPIC model of care.

## **CCT** Responsibilities:

You will be responsible for providing continuing case management for young people inclusive of their family who are accepted into the hYEPP program. Case management will be flexible; youth and family focussed, with a strong emphasis on engagement. You will ensure the core components of the EPPIC model are delivered, including; collaborative case formulation and treatment planning, psycho-education, coordination of external services, facilitation of linkages with relevant functional recovery programs and the delivery of evidence-based psychological interventions.

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The MHN Clinician will be committed to the mission and embody the values of Anglicare NT and support core business by providing service, guidance and advice within the position's specialty area.

## POSITION SPECIFIC REQUIREMENTS AND QUALIFICATIONS

- 1. The minimum qualification required is a Bachelor Degree in Nursing or equivalent, plus an approved postgraduate qualification in Psychiatric/Mental Health Nursing.
- 2. Registration as a Registered Nurse with the Nursing and Midwifery Board of Australia.
- 3. Northern Territory Working with Children Clearance (Ochre Card)
- 4. National Police Criminal History Report (less than 3 months old) with acceptable outcome
- 5. First Aid Certificate or willingness to obtain within 3 months
- 6. Northern Territory Drivers Licence

### **KEY SELECTION CRITERIA**

The incumbent is expected to have a minimum of two years postgraduate clinical experience in acute mental health services. It is desirable that the incumbent has several years experience undertaking comprehensive mental health/risk assessments, and/or community-based service and has worked with young people or children. Relevant post graduate qualifications or working towards same would be an advantage.

- 1. Experience and demonstrated skills in engagement, crisis intervention and management of complex young people in the acute phase of a mental illness.
- 2. Experience in providing safe and effective evidence-based psychiatric nursing care to achieve optimal health outcomes for young people.
- 3. Demonstrated ability to engage with young people, their families and significant others. Including specific knowledge and understanding of the impact that a first episode psychosis has on development.
- 4. Demonstrated ability to build and maintain working relationships with key internal and external stakeholders. To maximise service coordination and capacity building with community agencies.
- 5. Demonstrated ability to work effectively in a team and follow established processes that focus on early intervention, engagement, responsiveness and recovery of young people.
- 6. Ability to maintain the philosophy, standards and policies of the EPPIC model of care within hYEPP, to promote the recovery of young people, and to create a team culture underpinned by hope, optimism and a recovery framework
- 7. Prior experience or at a minimum demonstrated commitment to working respectfully with Indigenous and culturally and linguistically diverse clients, communities, staff and Aboriginal Controlled Organisations.
- 8. Demonstrated capacity and willingness to adhere to legislation, Anglicare NT policies and procedures and a commitment to EEO, WHS, Risk Management and Quality Improvement practices.

#### KEY ACCOUNTABILITIES AND RESPONSIBILITIES

#### 1. Accountability: Team Involvement

Work with the Program Lead hYEPP to support an expert team of clinical staff providing evidence-based effective care to youth at risk of developing psychosis in Darwin.

## Responsibilities:

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- Assisting to maintain an experienced clinical team of staff who are engaged, youth-friendly, responsive, empathic and optimistic. Work with the Program Lead hYEPP to implement strategies and recovery approaches focused on early identification of psychosis.
- Ensure the continuing improvement of the clinical services delivered by providing clinical support and expert consultation to team members, with a specific emphasis on medication administration, psychopharmacology and metabolic monitoring.
- Provide clinical support to the headspace Darwin outreach GP clinics, through the monitoring of stock, including ordering and maintaining imprest levels.
- Develop and maintain strong partnerships with referring GP's and liaison with other key medical service providers.
- Optimise the continuity of care through effective integration with other teams operating within the headspace Darwin centre.
- Maintain high quality clinical skills through involvement in direct service delivery and assist others in the team as required.
- Develop and maintain a working environment conducive to a high standard of contemporary evidence based clinical practice.
- Be available as required to ensure resource and rosters are sufficiently flexible and efficient to meet
  workflow demands and assertive engagement. This may include backfill in the wider hSD service for
  other clinicians on leave or to assist with functional recovery groups.

## 2. Accountability: Clinical Practice

Ensure that provision of evidence-based mental health interventions, with adherence to the EPPIC model of care. Assist the team and senior staff to continuously identify quality improvements for the development and maintenance of best clinical and recovery practice within the headspace Darwin Centre.

## Responsibilities:

- Ensure the delivery of depot medication, management and monitoring of clients in the hYEPP program, as overseen by the Clinical Director/Consultant Psychiatrist.
- Ensure that assessment, risk assessment, crisis response and home based treatment are all given the same priority and that the focus is on providing home based care as the preferable assessment and treatment option.
- Provide a youth friendly, family inclusive service to young people who are experiencing, or at risk of, a first episode of psychosis.
- Attend regular clinical review meetings with documented clinical treatment and work plans and lead these as directed.
- Practice in accordance with the relevant standards of clinical care as appropriate for discipline specific activities, professional development activities and supervision.
- Manage clinical risk and actively work towards risk reduction strategies.
- Assist in any evaluation processes including the collection, recording and analysis of data. Enter data in the electronic medical records so that reporting systems are utilised including the minimum data set (MDS) for all clients.
- Ensure the registration of all clients with eheadspace for after hours support and that mechanisms are in place to handover relevant information between eheadspace and hYEPP.
- Ensure that any research and clinical activities of the services are well integrated and that any research findings are incorporated into the clinical practice of the staff and disseminated widely to other services.
- Represent hYEPP and the wider headspace Darwin service at various community forums and organisations, support the operation of any service level agreements and actively promote and develop early intervention and first episode psychosis principles.

## 3. Other Duties and Requirements

- Comply with Federal, NT and Local Government legislation, regulations, permits and/or by laws.
- Adhere to Anglicare NT Policies and Procedures and general conditions of employment.

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- Model Code of Conduct behaviours by working cooperatively and effectively with colleagues and other staff
- Comply with funding contracts, operational guidelines, approved work plans, reporting requirements or task directives.
- Adhere to budgets, delegation levels and administrative and data collection and entry duties, ensuring procedural requirements are met in a timely manner.
- Comply with Anglicare NT's WH&S requirements; whilst also remaining vigilant in relation to any client/ customer related behavioural risk and contribute to maintaining a safe work environment.
- Support activities related to Anglicare NT's Reconciliation Action Plan including participating in Aboriginal and Torres Strait Islander Cultural competency training and activities.
- Maintain confidential client, personnel and organisational information in line with legislative and organisational requirements.
- Work collaboratively with the Team to address service improvement requirements resulting from client complaints, stakeholder feedback and/or internal or external evaluation processes.
- Participate in organisational communications and development systems such as email, staff meetings, planning & review days, quality assurance and organisational promotions and events as required.
- Actively participate in supervision, performance reviews, professional development activities and training as required.
- Maintain time and attendance leave and higher duty records in accordance with Anglicare NT's procedures and lodge within specified timeframes for each pay period.
- Other suitable duties as may be directed from time to time
- This is an active role requiring overall good health and involves interacting with energetic young people.

## **DELEGATION OF AUTHORITY**

 Expenditure, Operational/Administrative, Personnel, Management and Legal – as per current Delegation of Authority Document (this is endorsed by the Board and periodically updated).

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