

# **Position Description**

Position title	Senior Psychologist	Reference	hYEPP.TL-CCTMATT:DWN
Award & Classification	Award: HPSS Level:	Reporting to	hYEPP Program Manager
Location	Casuarina	Cost Centre	hYEPP - 3410
Section	headspace Darwin	Program	Mental Health
Approved	Jade Gooding, Executive Manager, Mental Health	Date	April 2018

# **Agency Statement**

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. Our values of Integrity, Fairness, Respect, Community and Hope are demonstrated through our commitment to strength-based practice, cultural respect, child safety, social justice, community development and partnerships. We aim to make a sustainable difference in the lives of Territorians. Anglicare NT is an agency of the Anglican Church of the NT, formed to respond to the social needs of our diverse communities. We are a member of the Anglicare Australia network.

## **Purpose of the Position**

You will provide as the Senior Psychologist in the headspace Youth Early Psychosis Program (hYEPP) be allocated clinical responsibilities as directed by the hYEPP Program Manager. The Senior Psychologist will work closely within a multidisciplinary team including psychiatrists and general practitioners (GPs) to facilitate the provision of coordinated clinical care and treatment.

## CCT Responsibilities:

You will be responsible for providing continuing case management for young people inclusive of their family who are accepted into the hYEPP program. Case management will be flexible and outreach; youth and family focussed, with a strong emphasis on engagement. You will ensure the core components of the EPPIC model are delivered, including; collaborative case formulation and treatment planning, psycho-education, coordination of external services, facilitation of linkages with relevant functional recovery programs and the delivery of evidence-based psychological interventions.

#### Supervision Responsibilities:

You will be responsible for the oversight of the psychological interventions component within the hYEPP service. You will be expected to support case managers and other clinical staff in all teams with the provision of psychological interventions, particularly Cognitive Behaviour Therapy.

You will uphold the values of Anglicare NT and provide quality services within the scope of the position and associated delegations.

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## **Selection Criteria**

#### Position specific requirements

- The minimum qualification required is a approved tertiary qualification and minimum 3 years-experience
  in a health related discipline; and registration with the relevant regulatory body such as AHPRA or
  membership of and adherence to professional standards, for example AASW for social workers.
- 2. The incumbent is expected to have a minimum of two years postgraduate clinical experience in acute mental health services. It is desirable that the incumbent has several years experience undertaking comprehensive mental health/risk assessments, and/or community-based service and has worked with young people or children. Relevant post graduate qualifications or working towards same would be an advantage.
- 3. Experience, demonstrated skills and knowledge with respect to the assertive engagement, crisis intervention and management of complex young people in the acute phase of a mental illness and the application of the NT Mental Health and Related Services Act during the acute phase of treatment.
- 4. Experience in providing safe and effective evidence-based psychological interventions to achieve optimal health outcomes for young people.
- 5. Demonstrated ability to engage with young people, their families and significant others. Including specific knowledge and understanding of the impact that a first episode psychosis has on development.
- 6. Demonstrated ability to build and maintain working relationships with key internal and external stakeholders. To maximise service coordination and capacity building with community agencies.
- 7. Demonstrated ability to work effectively in a team and follow established processes that focus on early intervention, engagement, responsiveness and recovery of young people.
- 8. Ability to maintain the philosophy, standards and policies of the EPPIC model of care within hYEPP, to promote the recovery of young people, and to create a team culture underpinned by hope, optimism and a recovery framework.

### **General Requirements**

- 1. Demonstrated commitment to working respectfully with Indigenous and culturally and linguistically diverse clients, communities and staff.
- 2. Demonstrated capacity and willingness to adhere to legislation, Anglicare NT policies and procedures and a commitment to EEO, WHS, risk management and quality improvement practices.
- 3. Northern Territory Working with Children Clearance (Ochre Card).
- 4. National Police Criminal History Report (less than three months old) with acceptable outcome.
- 5. Northern Territory Driver's Licence.
- 6. First Aid Certificate (or willingness to obtain if required).

## **Key Accountabilities and Responsibilities**

1. Accountability: Team Involvement

Work with the hYEPP Program Manager and hYEPP Senior Clinicians to support an expert team of clinical staff providing evidence-based effective care to youth at risk of developing psychosis in Darwin.

#### Responsibilities:

 Assisting to maintain an experienced clinical team of staff who are engaged, youth-friendly, responsive, empathic and optimistic. Work with the hYEPP Program Manger and Access Team Manager, to implement strategies and recovery approaches focused on early identification of

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psychosis.

- Ensure the continuing improvement of the clinical services delivered by providing clinical support and expert consultation to team members, with a specific emphasis on the provision of initial assessments.
- Develop and maintain strong partnerships with professional referral sources, including GP's and other key medical and mental health service providers.
- Optimise the continuity of care through effective integration with other teams operating within the headspace Darwin centre.
- Maintain high quality clinical skills through involvement in direct service delivery and assist others in the team as required.
- Develop and maintain a working environment conducive to a high standard of contemporary evidence based clinical practice.
- Be available as required to ensure resources and rosters are sufficiently flexible and efficient to meet workflow demands and assertive engagement. This may include backfill in the wider hSD service for other clinicians on leave or to assist with functional recovery groups.

## 2. Accountability: Clinical Practice

Ensure that provision of evidence-based mental health interventions, with adherence to the EPPIC model of care. Assist the team and senior staff to continuously identify quality improvements for the development and maintenance of best clinical and recovery practice within the headspace Darwin Centre.

#### Responsibilities:

- The Senior Psychologist is responsible for the oversight of the psychological interventions component within the hYEPP service. They will support case managers and other clinical staff in all teams with the provision of psychological interventions, particularly Cognitive Behaviour Therapy.
- Provision of comprehensive, evidence based clinical case management and psychological interventions consistent with the EPPIC model of care and the recovery framework.
- Provide regular consultation, supervision, and training of hYEPP clinicians.
- Provide a youth friendly, family inclusive service to young people who are experiencing, or at risk of, a
  first episode of psychosis.
- Attend regular clinical review meetings with documented clinical treatment and work plans and lead these as directed. Provide consultation to other clinicians to ensure that appropriate psychological interventions are incorporated into treatment planning.
- Practice in accordance with the relevant standards of clinical care as appropriate for discipline specific activities, professional development activities and supervision.
- Manage clinical risk and actively work towards risk reduction strategies.
- Assist in any evaluation processes including the collection, recording and analysis of data. Enter data
  in the electronic medical records so that reporting systems are utilised including the minimum data set
  (MDS) for all clients.
- Ensure the registration of all clients with eheadspace for after-hours support and that mechanisms are in place to handover relevant information between eheadspace and hYEPP.
- Ensure that any research and clinical activities of the services are well integrated and that any
  research findings are incorporated into the clinical practice of the staff and disseminated widely to
  other services.
- Represent hYEPP and the wider headspace Darwin service at various community forums and organisations, support the operation of any service level agreements and actively promote and

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develop early intervention and first episode psychosis principles.

# Other Duties and Requirements

- Comply with Federal, NT and Local Government legislation, regulations, permits and / or by laws.
- Adhere to Anglicare NT delegations, policies and procedures and general conditions of employment.
- Model Code of Conduct by working cooperatively and effectively with clients, colleagues, management and external stakeholders.
- Comply with funding contracts, operational guidelines, budgets, approved work plans, data collection, reporting requirements and task directives.
- Comply with Anglicare NT's WHS requirements remain vigilant about the potential for client / customer related behavioural risks and contribute to a safe working environment.
- Support organisational activities linked to Anglicare NT's Reconciliation Action Plan (RAP) including undertaking Aboriginal and Torres Strait Islander cultural competency training.
- Maintain confidential client, personnel and organisational information in line with legislative and organisational requirements.
- Work collaboratively with team members to address service improvement requirements resulting from client complaints, stakeholder feedback and / or internal or external evaluation processes.
- Keep up to date (read) with emails, staff meeting records, AngliShare (intranet) updates and maintain your knowledge of policy and procedures.
- Contribute to organisational planning and review days, promotional activities, key events and quality improvement and accreditation processes as required.
- Participate constructively in supervision, performance reviews, professional development and training as required.
- Maintain attendance, leave and higher duty records in accordance with Anglicare NT's procedures and lodge within specified timeframes for each pay period.
- Other suitable duties as directed from time to time within skill set, knowledge and scope of practice.

# **Delegation of Authority**

Expenditure, Operational / Administrative, Personnel, Management and Legal – as per current Delegation of Authority Schedule (endorsed by the Board and periodically updated).

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