

## POSITION DESCRIPTION

|                                   |  |                     |   |
|-----------------------------------|--|---------------------|---|
| <b>Position title</b>             | Youth Mental Health Clinician                          | <b>Reference</b>    | hsD: Primary                            |
| <b>Award &amp; Classification</b> | Health Professional and Support Services Award Level 3 | <b>Tenure</b>       | Refer to Letter of Engagement           |
| <b>Hours</b>                      | Refer to Letter of Engagement                          | <b>Reporting to</b> | Primary Program Manager, Louise Collins |
| <b>Location</b>                   | Casuarina, Darwin                                      | <b>Program</b>      | headspace                               |
| <b>Section</b>                    | Primary Team   | <b>Cost Centre</b>  | 3400                                    |
| <b>Approved</b>                   | Jade Gooding, General Manager                          | <b>Date</b>         | 7 August 2018                           |
| <b>Comment</b>                    |  |                     |   |

### AGENCY STATEMENT

Anglicare NT is a respected provider of quality human services across urban, regional and remote areas of the Northern Territory. Our values of Integrity, Fairness, Respect, Community and Hope are demonstrated through our commitment to strength-based practice, cultural respect, child safety, social justice, community development and partnerships. We aim to make a sustainable difference in the lives of Territorians. Anglicare NT is an agency of the Anglican Church of the NT, formed to respond to the social needs of our diverse communities. We are a member of the Anglicare Australia network.

### PURPOSE OF THE POSITION

As a Youth Mental Health Clinician you will be responsible for providing early intervention clinical assessments and therapeutic interventions for young people with mild to moderate mental health issues and their families accessing headspace Darwin. The position is located with the headspace Darwin Primary Team and will work with the headspace team to deliver youth friendly, family inclusive, culturally appropriate services to young people aged 12-25. The role will provide professional and effective therapeutic interventions and support services to young people and their families according to best practice standards. The position will provide clear referral pathways for young people to access internal and external services and maintain current data standards and clinical records in a timely and professional manner. The Youth Mental Health Clinician will support the work of other teams as necessary and deliver community awareness, information sessions and group work as required when it relates to youth mental health issues. The Youth Mental Health Clinician will participate in clinical supervision and consultation and will work well in a multidisciplinary team.

The Youth Mental Health Clinician will be committed to the mission and embody the values of Anglicare NT and support core business by providing service, guidance and advice within the position's specialty area.

### POSITION SPECIFIC REQUIREMENTS AND QUALIFICATIONS

1. The minimum qualification required is an approved tertiary qualification and minimum 1 year experience in a health related discipline and registration with the relevant regulatory body such as AHPRA or membership of and adherence to professional standards, for example AASW for social workers. If you do not currently have a qualification you must be willing to undertake relevant studies.
2. Northern Territory Working with Children Clearance (Ochre Card)
3. National Police Criminal History Report (less than 3 months old) with acceptable outcome.

4. Northern Territory driver's licence.
5. First Aid Certificate or willingness to obtain within 3 months.
6. Willingness to undergo National Child Protection Check.

## KEY SELECTION CRITERIA

1. Undertake the provision of individual client work, including intake, assessment, counselling, treatment and support to young people and their families accessing the headspace Darwin Primary Team.
2. Effectively record data in various electronic systems including the MDS, electronic medical record and local data collection applications.
3. Experience in working with young people within a mental health or youth services setting and a clinical multidisciplinary framework.
4. A demonstrated understanding of mental health issues affecting young people, best practice treatment options, support services and co-morbidities.
5. Demonstrated ability to work holistically with young people utilising evidence-based practice.
6. Demonstrated ability to work in a culturally safe way and youth friendly manner.
7. Prior experience or at a minimum demonstrated commitment to working respectfully with Indigenous and culturally and linguistically diverse clients, communities, staff and Aboriginal Controlled Organisations.
8. Demonstrated capacity and willingness to adhere to legislation, Anglicare NT policies and procedures and a commitment to EEO, WHS, Risk Management and Quality Improvement practices.

## KEY ACCOUNTABILITIES AND RESPONSIBILITIES

### 1. Accountability: Scope

#### **The Youth Mental Health Clinician will:**

Deliver high quality, evidence-based clinical assessment and intervention to young people experiencing mild to moderate mental health issues and their families accessing headspace Darwin.

Complete the data collection and clinical documentation in a timely manner and ensure legal and professional standards and minimum data set requirements are met.

Actively contribute in the multidisciplinary team (MDT) processes through participation in Team Meetings, Access MDT Meetings, Clinical Reviews and Supervision to maintain a professional collegial strengths based approach.

Provide information / education sessions, group work and community awareness sessions to service providers in the community and to young people and their families about youth mental health issues and headspace services available.

#### **Responsibilities:**

- Provide intake services for young people and their families wanting to access headspace Darwin utilising a range of intake and screening tools to ensure the most appropriate services (internal and external) are accessed in a timely way.
- Conduct client focused psychosocial assessments with young people utilising a range of assessment tools including the HEADSS assessment tool to ensure that young people have access to appropriate services and responses to improve their mental health and wellbeing.

- Provide early intervention youth focused clinical interventions by utilising a range of therapeutic approaches based on evidence based practice.
- Ensure that data collection and clinical documentation is completed and meet legal and professional requirements and minimum data set requirements of headspace National Office.
- Participate in clinical review meetings, and intake meetings and ensure you are meeting standards of service delivery as set out in the headspace Darwin Operations Manual.
- Manage and escalate matters of clinical risk and actively work towards risk reduction strategies in consultation with the Centre Manager Primary, and the Clinical Director.
- Actively participate in clinical and line management supervision and professional development opportunities as required. Provide support/supervision to students on an as needs basis and within professional guidelines.
- Deliver group work, and community awareness activities as they relate to increasing mental health literacy and knowledge in relation to youth mental health.
- Ensure knowledge of referral options through the youth and mental health sectors is current.
- Assist other program areas within the headspace service to support the delivery of clinical services.
- Manage workload and work independently according to work load standards and work within a team environment, assisting other team members as needed and as appropriate within a multidisciplinary framework.

## **2. Other Duties and Requirements**

- ☐ Comply with Federal, NT and Local Government legislation, regulations, permits and/or by laws.
- ☐ Adhere to Anglicare NT Policies and Procedures and general conditions of employment.
- ☐ Model Code of Conduct behaviours by working cooperatively and effectively with colleagues and other staff
- ☐ Comply with funding contracts, operational guidelines, approved work plans, reporting requirements or task directives.
- ☐ Adhere to budgets, delegation levels and administrative and data collection and entry duties, ensuring procedural requirements are met in a timely manner.
- Comply with Anglicare NT's WH&S requirements; whilst also remaining vigilant in relation to any client/customer related behavioural risk and contribute to maintaining a safe work environment.
- Support activities related to Anglicare NT's Reconciliation Action Plan including participating in Aboriginal and Torres Strait Islander Cultural competency training and activities.
- ☐ Maintain confidential client, personnel and organisational information in line with legislative and organisational requirements.
- ☐ Work collaboratively with the Team to address service improvement requirements resulting from client complaints, stakeholder feedback and/or internal or external evaluation processes.
- ☐ Participate in organisational communications and development systems such as email, staff meetings, planning & review days, quality assurance and organisational promotions and events as required.
- ☐ Actively participate in supervision, performance reviews, professional development activities and training as required.
- Maintain time and attendance leave and higher duty records in accordance with Anglicare NT's procedures and lodge within specified timeframes for each pay period.
- ☐ Other suitable duties as may be directed from time to time
- ☐ This is an active role requiring overall good health and involves interacting with energetic young people.

## **DELEGATION OF AUTHORITY**

- Expenditure, Operational/Administrative, Personnel, Management and Legal – as per current Delegation of Authority Document (this is endorsed by the Board and periodically updated).