# **POSITION DESCRIPTION**



POSITION	PHYSIOTHERAPIST
SERVICE	AGED & DISABILITY SERVICES

DIMENSIONS	
LOCATION	WITHIN THE CATHOLIC DIOCESE OF WOLLONGONG (MAP)
DIRECTLY ACCOUNTABLE TO	MANAGER – AGED CARE & DISABILITY SERVICES
DIRECT REPORTS	NIL
REQUIRED PRE-EMPLOYMENT CHECKS	NATIONAL CRIMINAL HISTORY RECORD CHECK, WORKING WITH CHILDRENS CHECK, NDIS WORKER CHECK

# MISSION, VALUES & VISION

We seek to bring joy to those we serve by enabling growth, healing, and hope. Our employees ascribe to the shared values of Dignity, Integrity, Compassion and Equity to fulfil our vision of living together in thriving communities where the human dignity of all is respected and valued.

Our employment practices require all employees and volunteers to embrace and inspire others to promote the mission, vision and shared values of CatholicCare in the Diocese of Wollongong.

### STRATEGIC PLAN

We respond to the needs of those we serve and our changing environment by organizing our efforts around priorities detailed in our Strategic Plan.

# **PROGRAM AIM**

The Aged Care Team provides high-quality, customer service-driven, in-home and community support through individually tailored care packages. Our Disability Support Team assists NDIS participants in achieving their goals of enhanced independence and meaningful community connections. The overall aim of our services is to empower individuals to live a full life, aligned with their physical, emotional, social, and cultural needs, enabling them to remain living independently in their own homes and connected to their communities.

### POSITION PURPOSE

The role of Physiotherapist will be community based, servicing both Macarthur and Illawarra areas. You will work primarily with aged care clients in our Commonwealth Home Support Program, plus Home Care Package and NDIS referrals when necessary. The Physiotherapist supports may include helping clients to develop new skills in self-care, conducting home assessments on clients' changing care needs, providing education on chronic disease management, prescribing and supervising exercises for both clients and their carers.

# **POSITION REQUIREMENT**

The Physiotherapist will be familiar with the needs of older people and people with disability, and will be customerfocused, effectively engaging, assessing, and providing necessary supports to enable individuals to live as independently as possible in their own homes. This role will work collaboratively with the team for the best possible client outcomes.

# **KEY ROLES AND RESPONSIBILITIES**

### **GENERAL**

- Commitment to and a willingness and ability to promote and apply the mission and values of CatholicCare, our strategic plan, policies and procedures and funding bodies' contractual obligations.
- Adherence to agency policies and procedures including client confidentiality protocols.

# **POSITION DESCRIPTION**



- Practice and promote an organizational culture that supports excellence in service delivery to people accessing CatholicCare's services.
- Apply work practices and behaviors that comply with CatholicCare's Code of Conduct, Framework for Practice and Policies and Procedures.
- Carry out responsibilities under the Work, Health & Safely Act 2011. Be responsible for the health and safety of yourself and others in the workplace. Report any incidents or workplace hazards in accordance with CatholicCare's incident reporting system.
- Meet Key Performance Indicators (KPI's) as set by CatholicCare.
- Provide stewardship over allocation of CatholicCare resources effectively, economically and efficiently.
- Undertake other duties and responsibilities as requested by CatholicCare from time to time.
- Ensure that all performance, compliance and contractual requirements to provide quality practices that support the safety and well-being of children and young people is maintained.

#### PROGRAM SPECIFIC

- Work under the guidelines of the Commonwealth Home Support Program, focusing on providing entrylevel support services to assist people aged 65 years and older in remaining living independently in their own homes.
- Work with clients to ensure wellbeing, skills development, and the achievement of their goals.
- Use appropriate assessment tools to assess, screen, and develop the appropriate intervention strategies.
- Foster a 'One Team' approach, collaborating with the entire Aged Care Team and other CatholicCare
  programs to ensure a best practice approach, continuity of support, and consistency of comprehensive
  service delivery.
- Ensure data integrity and systems compliance for effective and efficient program management.
- Communicate expectations, assignments, and responsibilities clearly and professionally.
- Build and maintain effective relationships with the community and stakeholders involved in aged care service provision.
- Act to enhance the professional development of self and others.

### **SELECTION CRITERIA**

# Essential skills, knowledge and experience:

- Bachelor's Degree in Physiotherapy.
- Current registration with the Australian Health Practitioner Regulation Agency (AHPRA) as a Physiotherapist and a commitment to maintain registration.
- Demonstrated clinical competence in Physiotherapy with a strong understanding of evidence-based practice.
- Excellent verbal and written communication skills with the ability to convey complex information in a clear and understandable manner.
- Strong interpersonal skills and the ability to establish rapport with patients to facilitate effective therapeutic relationships.
- Demonstrated ability to work collaboratively within a multidisciplinary healthcare team to ensure comprehensive and coordinated patient care.
- Proficient in Microsoft Office suite, especially in Word, Excel, and Outlook.
- Cleared Criminal History Check, NDIS worker check and working with children's check.
- Demonstrated ability to manage work autonomously with multiple demands and effectively prioritize and organize own work
- Employees are required to be vaccinated in accordance with WH&S Policy 7 COVID-19 Vaccinations.
- Current unrestricted driver's license and willingness to travel across Macarthur and Illawarra areas.

# **POSITION DESCRIPTION**



# Desirable skills, knowledge and experience:

- Demonstrated experience working in community health setting and/or aged care services.
- Experience in developing and implementing patient education programs to enhance self-management.

# **ATTACHMENTS**

Nil

Date of Last Review: January 2024

