

HOW TO REDUCE THE SIZE OF A VIDEO RECORDING

Desktop Computer

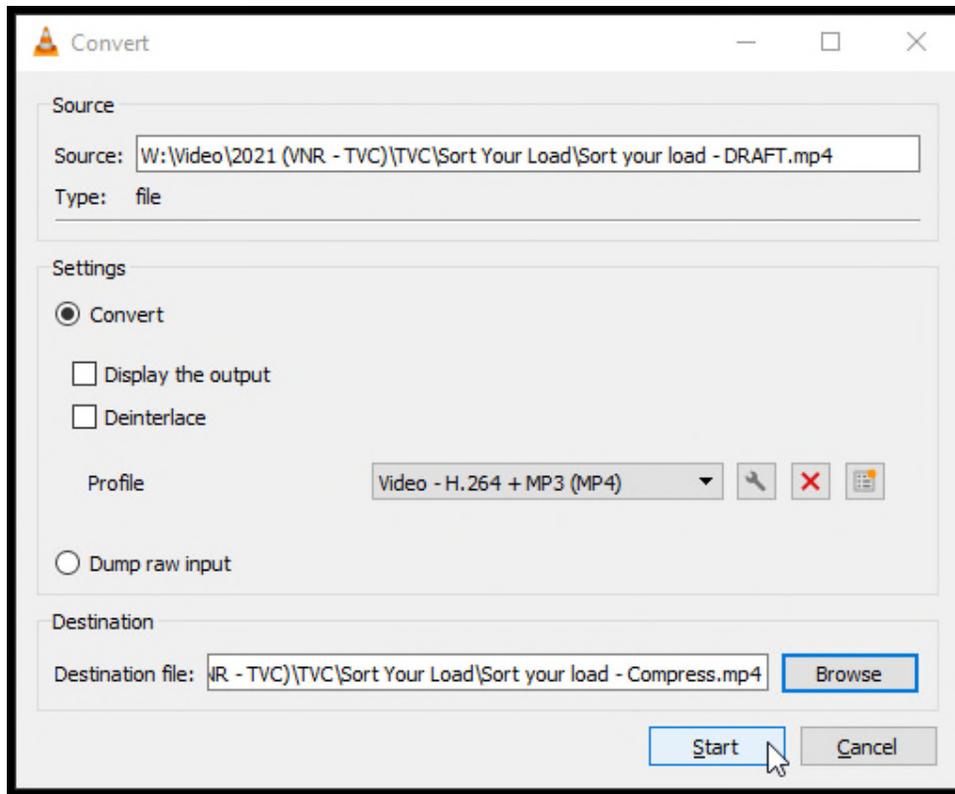
VLC Compress Video to Smaller Size

Step 1: Download, install the VLC Media Player and open it. The download URL is <https://www.videolan.org/index.html>

Step 2: Go to Menu and click on Media > Convert/save and select the video you need clicking on Add > Convert/Save when you were done.

Step 3: Select the type of profile you want to convert the video.

Step 4: Start VLC video compression and select the Start button.

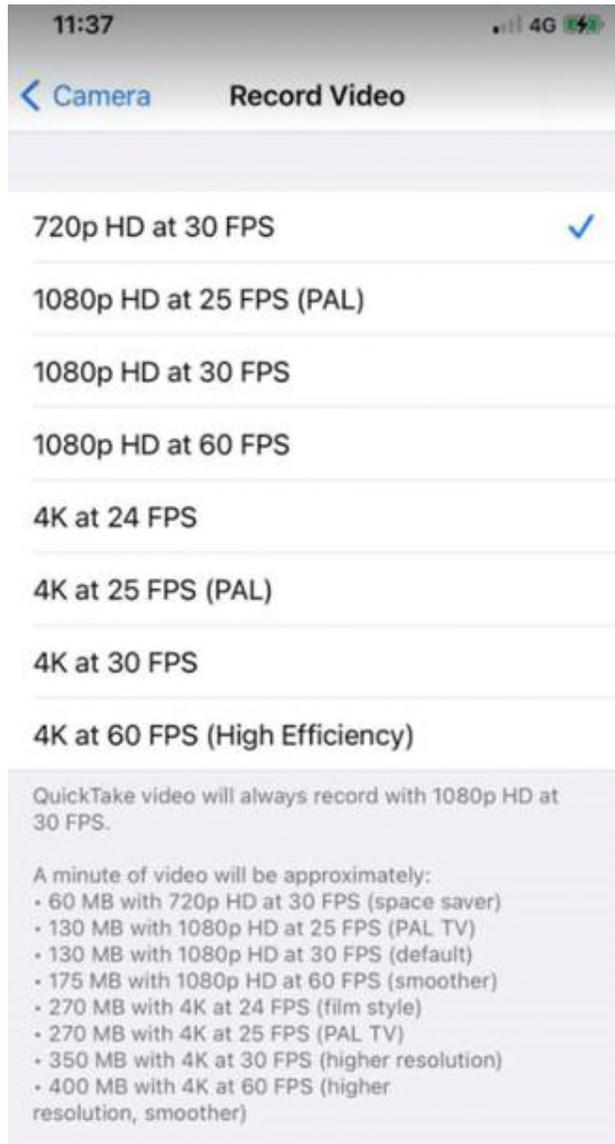


iPhone

Reduce the resolution of a video before recording.

Step 1: Go to “Settings -> Camera” on your iPhone and find the option for “Record video.”

Step 2: Select the smallest resolution and video quality.



Use Video Compress App

Step 1: Go to the App Store and search “Video Compress”

Step 2: There are many free apps available to choose from. Install one and follow the steps to compress the video.

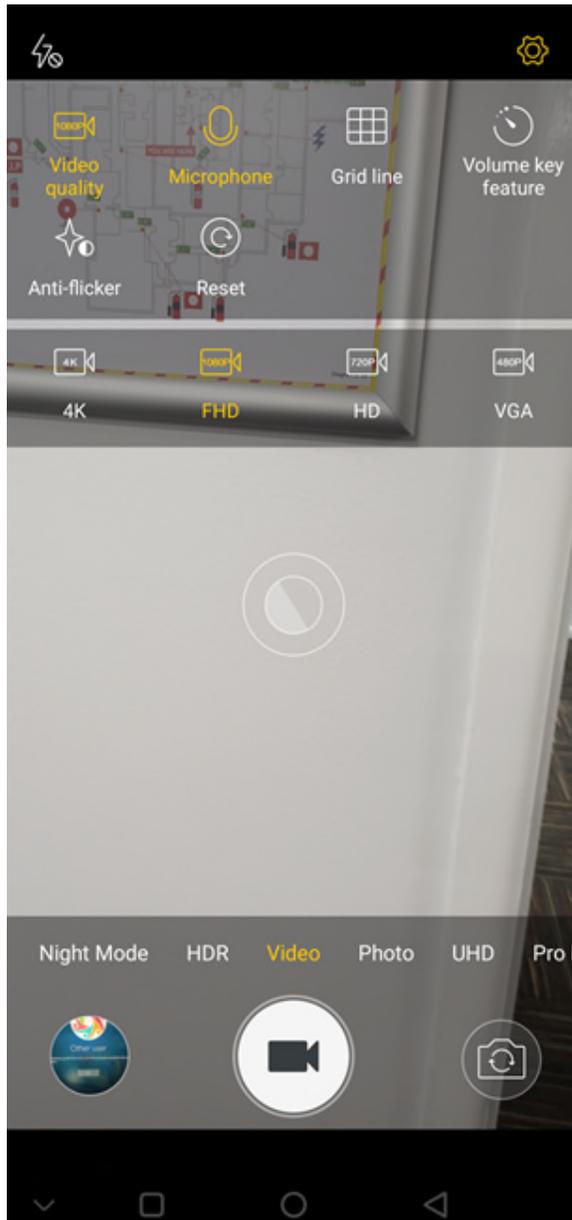
Android

Reduce the resolution of a video before recording.

Step 1: Tap the "Camera" icon and slide to Video.

Step 2: Go to Settings and Select Video Size/Quality.

Step 3: Select the smallest resolution and video quality.



Use Video Compress App

Step 1: Go to the Play Store and search for "video compressor".

Step 2: There are many free apps available to choose from. Install one and follow the steps to compress the video.

If the above does not work for you please google other options as there are many available.