

Getting to Buckingham House

A = Central Station

B = Buckingham House



Buckingham House follows the National and NSW Disability Service Standards in relation to:

Rights

Each Person receives a service that promotes and respects their legal and human rights and enables them to exercise choice like all community members.

Participation and Inclusion

Each person is encouraged and supported to contribute to social and civic life in their communities in the way they choose.

Individual Outcomes

Each person is supported to exercise choice & control over the design & delivery of supports and service.

Feedback and Complaints

When a person wants to make a complaint, service providers make sure the persons views are respected, they are informed of, and have the opportunity to be involved in, the resolution process.

Service Access

Each person has access to information and is assisted to access the supports and services they need to live the life they choose

Service Management

Service providers are well managed and have strong and effective governance to deliver positive outcomes for the people they support

Staff Members: CBA

Finbarr McCarthy

Brian Were

Jasmine Vanderjagt

Chris Berrie

Referrals for CBA

made out to

christopher.berrie

@richmondpra.org.au

Staff Members: D2DL

Amanda Perkins

Sharyn Murphy

Kristina Gram

Laura Coyle

Referrals for D2DL

ESOP & HTP

made out to

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RichmondPRA
Together, we're better.

Buckingham House

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Please feel free to contact The Manager Buckingham House (details above) in relation to any questions and/or feedback you have about our service generally and our programs CBA and D2DL. Or visit our website www.richmondpra.org.au.



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Buckingham House Day to Day Living Program Community Based Activity Program

Is a recovery-based activity program for adults with mental health issues.

Provides opportunities to learn and develop skills, form social networks, participate in community activities, develop confidence and accomplish goals.

Facilitated by a team of qualified staff - Buckingham House programs cater to individuals needs and include physical activities, psycho-education, social opportunities and skills-based learning.



RichmondPRA's Buckingham House

Buckingham House Restaurant

The Palace provides a nutritious healthy menu for lunch, in a friendly environment at a reasonable cost—open for lunch Monday to Friday from 12 to 1 (order before 12.40) **Fruit 50c Drinks 50c/\$1.00**
Soup \$1.50 Sandwiches \$2.50 Main \$4.50 Desert \$1.50

Member Participation

There are opportunities for members to take on different work experience roles within Buckingham House including customer service, kitchen hand, maintenance and tutoring. Members participate in these roles as an opportunity to develop new skills, build confidence, and try out what its like to work in a supported environment.

Hospital Transition Program (HTP)

For people currently in hospital to access the D2DL program – Hospital service from RPA – Pick Up/Drop Off service one day per week (depending on demand and staffing) Other hospitals using their own transport welcome any day.

Eastern Suburbs Outreach (ESOP)

Caters to those who find it challenging to access the D2DL program without some transport support—Pick Up/Drop Off Service one day per week (depending on demand and staffing)



D2DL- Day to Day Living

RichmondPRA's structured activities program offers a range of activity options, tailored to individual need in the following areas...

Personal Development

The aim of these groups are to support people to learn practical skills and opportunities to engage in activities which contribute to mental wellbeing.

Skill Development

The aim of these sessions are to develop skills needed for everyday life, and support participation in leisure, occupational or educational interests, and enable people to access activities in the community.

Social activities

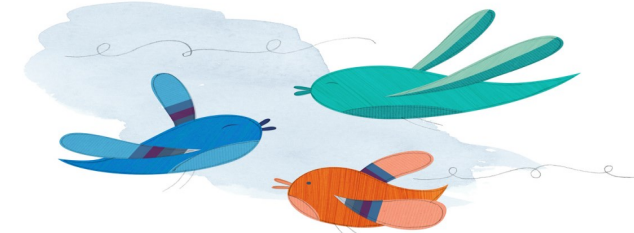
The aim of social activities are for people to enjoy a variety of group activities on site or out in the community which can support the person in reducing loneliness, and extending social networks.

Group Outings

The aim of group outings are to explore different activities available in the community that people can access on their own. Going to the beach, to parks, to museums, art galleries, bushwalking, when you know what's available is easy.

Recovery Planning

All people that are registered with D2DL have the opportunity of participating in 6 monthly needs assessments and goal planning sessions with ongoing goal check-in available weekly.



CBA -Community Based Activities

Is a program designed for people with a lived experience living of mental health challenges in supported living accommodation that fit the eligibility criteria: Boarding House Reform Project—ADHC Guidelines.

CBA provides individual and group support and activities. Objectives of the CBA program are to:

- Provide a link for members to participate in their local community
- Facilitate member choice and decision Making in accessing community
- Provide opportunities to participate in activities and reduce social isolation
- Foster a sense of self confidence, self esteem and independence
- Provide members with opportunities to develop skills to support recovery goals

Principles guiding service delivery of CBA

To enable people with a lived experience to achieve maximum potential as a member of their community.

Services are provided in a way that promotes a positive image of people with mental health challenges and raises community awareness. Provides opportunities for increased independence, employment opportunities and community integration.