## Allied Health – Exercise Physiologist



## integratedliving

We aim to be the leading provider of health services throughout rural, regional, and remote communities of Australia. Our focus is on delivering better health outcomes for many Australians, supporting them to live independent and active lives. We provide a range of health and wellbeing options, such as aged-care and disability support, for individuals and their families.

## **Specific Role Details**

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Position Title	Allied Health – Exercise Physiologist			
Unit – Function -Team	Operations – Wellness Business – Wellness Exercise			
Unit Purpose	The Operations Unit deliver services that provide better health and wellbeing outcomes, in an efficient and effective manner, to create a signature client experience that is unique to integratedliving.			
Team Purpose	Our Wellness Exercise Team provides virtual wellness and reablement services, to support our clients to achieve better health and wellbeing outcomes consistent with the integratedliving signature experience.			
Role Purpose	Plans, implements, and evaluates services for clients to maintain and improve their level of health and independence and to support client independence and wellbeing.			
	This role conducts initial, ongoing routine assessments involving direct client contact as well as clinical care (telehealth or face to face).			
	Understands the needs of clients and ensures that the client's needs are translated into a personal plan that encourages independence, empowerment, autonomy, and dignity and addresses both short- and long-term issues.			
Location	Subject to Operational Requirements	Reports to (position)	Senior Manager – Wellness Exercise	
integratedliving job family	Health Partner	integratedliving pay range or pay grade	Band C – AHC1	

Accountabilities shared by all Roles				
Supporting Values, Purpose & Strategy	Actively connect to integratedliving's purpose and values by behaving in accordance with integratedliving values at all times, supporting the implementation of organisational strategy.			
Continuous improvement	Identify opportunities, make recommendations, and implement improvements to processes, systems and work practices, and alignment to integratedliving policy and procedure.			
Compliance and Workplace health & safety	Demonstrate individual accountability for adherence to integratedliving, policies and processes and relevant external quality, safety and governance frameworks and regulations. Contribute actively to a safe and respectful workplace.			



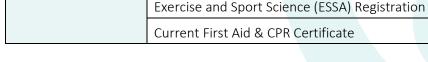
Anchor Accountabilities				
Assessment & Evaluation	Conduct evidence-based/clinical and health assessments to evaluate the client's needs and create appropriate treatment plans, recommend services or intervention; both at initial intake and ongoing review.  Evaluate the progress of clients against planned outcomes and clinical goals and modify plans accordingly.			
Individual Care Planning	Work collaboratively as part of the multidisciplinary team to provide holistic care to the client including liaising with case managers and other Health Partners, and actively. participate in case review meetings.  Develop goals in collaboration with the client, their carers and the case manager in particular area of expertise.			
Provision of Direct Care	Provide direct care to clients in accordance with care plans.  Delivers specialised clinical services, and therapy to clients.  Provides advice and direction to other Health Partners and recommends improvements to increase quality of outcomes and client experience.  Provide safe and effective clinical care in line with best practice principles.  Facilitate access to Telehealth and other specialised services or equipment in their home.			
Clinical Expertise	Provide clinical and subject matter expertise to colleagues to support implementation of services.  Provide coaching and support to others Health Partners to build their capability in specific services or areas of specialisation.			
Service Information & Development	Co-ordinate and facilitate specialist services as identified by integratedliving through the provision of specialist training for others  Provide clients with service knowledge, identify opportunities to extend services within packages to ensure optimum utilisation of integratedliving's services.			
Client Safety & well being	Establish a rapport and collaborate effectively with clients and their carer, other health professionals and stakeholders to achieve positive outcomes for the client.  Support clients and carers in informed decision making.			
Health and Well Being promotion	Deliver group and individual sessions to promote health and wellbeing within the community and support enablement and wellness.  Develop person centred goals for client enablement.			
Documentation and Reporting	Document relevant information and communicate effectively with all relevant stakeholders; ensuring that legal and professional standards of documentation are met.			
Quality, risk and compliance management	Monitors and reports on compliance, recommending corrective action  Practice in accordance with legislative and common law affecting the nursing/professional practice and demonstrate personal accountability  Use procedures, knowledge, experience, and precedent to guide decision making; escalates decisions outside of the procedure and makes recommendations for appropriate action.			



Position Specific Accountabilities				
Seamless Service Delivery	Collaborate with other teams in Operations and rest of business to ensure clients receive seamless and timely service and resolution of issues.			
Person-centred	Promote, model and embed a client focused and partnering culture, and person-centred care philosophy to create a signature client experience that is unique to integratedliving.			
Accountabilities stated herein reflect the primary functions of this job and should not be construed as an exhaustive list of duties. They may vary or be amended from time to time without changing the roles level of accountability.				
Delegations				
Delegations for role are outlined in the integratedliving delegation's policy.				
Key Position Relationships				
Internal	integratedliving People	Divisional Team		
	Wellness Leadership Team	Key stakeholders		
External	Suppliers and contractors	Consultants and Health Care Professionals		
	Government agencies	Clients and carers		
Demonstrated Succ	ess & Qualifications, Capabilities and Credenti	als		
Qualifications & Demonstrated Success Factors	Degree qualification in Exercise Physiology and registration with Exercise and Sport Science Australia (ESSA)			
	Provision of services in a consumer directed care framework including experience within a multidisciplinary team and exposure to collaborative practices.			
	Development of care plans using holistic assessment skills and ability to work in collaboration with clients and other health professionals.			
	Proficient use of technology, including mobile platforms and telehealth.			
	Well-developed problem solving, analytical and reporting skills.			
	<b>Enable Value:</b> We enable our clients to achieve better health outcomes by working in partnership with them to understand their needs and deliver on their expectations			
	Act Professionally: I interact with others professionally, with integrity, in a fair and respectful manner as measured against our code of conduct and values.			

**Informed Action:** I take informed action to deliver outcomes, improve productivity, efficiency and create value, systematically seeking evidence to inform decisions and

**Communicate and Collaborate**: I share information and learning with others by actively listening and asking questions to collaboratively reach a shared understanding and



Capabilities

Credentials

NDIS Worker Screening Check

evaluate alternative courses of action.

demonstrate empathy
Satisfactory Police Check
Current Driver's Licence