

Position Title	Mental Health Clinician	
Department/Team	Asha- Clinical Mental Health Treatment Program	
Location	Based at Intercept Youth and Family Program, Caboolture. Program delivered in a consortium model with Redcliffe Area Youth Space as Lead Agency.	
Reports To (Position)	Clinical Lead (RAYS), Coordinator- Child, youth and families (Lutheran Services), Community Services Manager- Youth and Family (Lutheran Services)	
Positions Reporting to this Position	Nil	
Effective Date (of PD	February 2021	

Main Purpose/	The Mental Health Clinician provides clinical interventions to	
Primary Objective	young people (aged 12 to 25) and/or families seeking support to	
	address mental ill-health (diagnosed, undiagnosed or at risk of	
	developing).	
	The Asha program is a two-worker model, providing co-case	
	management across Functional Recovery Managers and Mental	
	Health Clinicians.	

Key Accountabilities/Key Result Area

Overview of Position

The Mental Health Clinician:-

- Works with young people and/or families seeking support to address mental illhealth (diagnosed, undiagnosed or at risk of developing) and associated issues.
- Works holistically and provides thorough wrap around support to young people and/or their families
- Provides intensive therapeutic/clinical and case management support (in conjunction with the Family and Youth Workers)
- Uses routine, non-routine and specialised interventions
- Uses a biopsychosocial approach that includes integrated treatment and stepped care
- Works within a recovery-oriented framework and trauma-informed, relational model of care
- Liaises in a professional manner with a range of stakeholders
- Demonstrates practice that is guided by Organisational Policy and Procedures;

Lutheran Services Page 1 of 6



Toolkits and Model of Service

 The Mental Health Clinician works within a work team and has accountability and responsibility for delivering a professional service that aims to meet benchmarks set for the program. The position reports to the Clinical Lead. A range of Policies and Procedures and a comprehensive Program Brief support the execution of this role.

Responsibilities-

- Exercise judgment and/or contribute critical knowledge and skills where procedures are not clearly defined;
- Perform duties of a specialised nature requiring the development of expertise over time or previous knowledge;
- Identification of specific or desired performance outcomes:
- Contribute to interpretation and administration of areas of work for which there are no clearly established procedures:
- Set outcomes and further develop work methods where general work procedures are not defined and exercise judgment and contribute critical knowledge and skills where procedures are not clearly defined;
- While under general direction and within the clear objectives of the organisation and within budgetary constraints, contribute to the development of work methods and the setting of outcomes.
- Provide administrative support of a complex nature to senior employees;
- Exercise responsibility for various functions within a work area;
- Provide assistance on grant applications including basic research or collection of data:
- Undertake a wide range of activities associated with program activity or service delivery;
- Develop, control and administer a records management service for the receipt, custody, control, preservation and retrieval of records and related material;
- Undertake computer operations requiring technical expertise and experience and may exercise initiative and judgment in the application of established procedures and practices;
- Undertake the following as required:
 - Liaise with other professionals/services/community at a technical/professional level;
 - Discuss techniques, procedures and/or results with clients on straight forward matters;
 - Lead a team within a specialised project;
 - Provide a reference, research and/or technical information service;
 - Carry out a variety of activities in the organisation requiring initiative and judgment in the selection and application of established principles, techniques and methods;
 - Perform a range of planning functions which may require exercising

Lutheran Services Page 2 of 6



knowledge of statutory and legal requirements;

 Assist senior employees with the planning and coordination of new programs/projects.

Strategic Tasks	Key Performance Indicators			
To deliver programs in line with brief/project scope	Utilise routine, non-routine and specialised interventions from the quality managed pool and apply to individual needs/scenarios as required			
	Undertake data collection as required for the program			
	 For new initiatives apply the program development procedures 			
	 Meet organisational and/or funding body benchmarks as reflected in Project Brief and/or scope 			
	Undertake all required tasks to the level outlined in the Competency Matrix for this position			
To reflect better practice	Undertake ongoing professional development in line with policy			
	 Contribute to action learning reviews and evaluation processes as required 			
	 Uphold all program policy and procedure particularly clinical governance, the model of service, the treatment process, the referral process, interventions manual, interventions toolkit and case conferencing toolkit 			
	 Provide weekly briefings and monthly report to line manager 			
To actively develop meaningful partnerships of mutual interest	Identify and engage in relevant networking opportunities with a particular focus on clinical mental health and medical service providers (such as General Practitioners)			
	 Use internal reporting structures to provide communications about networking and partnership opportunities 			
	Engage professionally with external service providers at all times			
	Actively contribute to case conferencing where clients are engaged with multiple service providers			
	A minimum of two formal partnerships documented via Memorandum of Understanding annually			
To actively promote the	Promote all programs across the organisation at			

Lutheran Services Page 3 of 6



best interest of the organisation	relevant opportunities Participate in fundraising activities at least twice annually Participate in, support and promote all special events as required	
To uphold the code of conduct and code of ethics	Uphold organisational vision, mission and values in all aspects of work	
To identify and report organisational risk	Identify and report (via line manager, fix-it diary and Incident or Accident report) risk to organisation's reputation	
	 Identify and report (via line manager, fix-it diary and Incident or Accident report) physical risk that may place employee or others in harm 	
	Identify and report (via line manager, fix-it diary and Incident or Accident report) risk to the operations of the organisation	
	Use of risk mitigation procedures and tools (via Policy and Procedures and Tools, particularly the Suicide Policy and Risk Assessment tools)	
Contribution to continuous improvement processes	Regular input and attendance at team meetings	
	Regular attendance at peer supervision & case review sessions	
	Regular contributions to the fix-it diary	
	Involvement in internal audits as requested	
	Support client feedback mechanisms (via Client Feedback Forms, registers, Consumer Panel processes)	
To contribute to a culture of innovation	Contribute ideas, suggestions and improvements through the suggestion box and fix-it diary	

Lutheran Services Page 4 of 6



Key Relationships/ Interactions

The Asha program is delivered in partnership via a consortium model with Redcliffe Area Youth Space (Lead Agency). Asha employees are expected to attend weekly MDT meetings with our lead agency.

Co-case management is provided across sites, it is expected that all employees maintain professional and positive working relationships with partner organization staff.

The Clinical Lead for the Asha program is based at Redcliffe Area Youth Space, it is expected that the Mental Health Clinician undertake monthly clinical supervision with the Clinical Lead.

Position Requirements (Knowledge and Experience)

Skills, Knowledge, experience:

- Knowledge of statutory requirements relevant to work;
- Knowledge of program and organisational policies and procedures;
- Ability to use Google Applications;
- Ability to learn new software;

Pre-requisites:

- Relevant four-year degree (such as psychology, social work - mental health accredited, mental health nursing, occupational therapy, etc.) with two year's mental health specific experience
- Masters level qualification desirable but not essential.
- Membership and/or ability to register with the relevant professional body.
- Knowledge of and experience in trauma informed care, stepped care, recovery-oriented practice and a range of therapies
- Experience in working with young people and a commitment to a relational model of care
- Experience working in a multidisciplinary team

Lutheran Services Page 5 of 6



Culture	At Lutheran Services we promote a culture that supports high and ethical performance. Our leadership team, believes a high performance culture that is characterised by:
	 a learning and growing environment a high achievement orientation a sharing environment - information, resources, ideas and goodwill commitment to being the best we can be humility, fairness and openness in how we go about our work.
	All within the context of acting in the best interests of Lutheran Services, and working in accordance with our Values.

We certify that the content of this position description is accurate:

Employee's Signature	Date	/	/
Manager's Signature	Date	/	/

NOTE: This position statement is not intended to be all-inclusive. Employees may perform other related duties as negotiated to meet the ongoing needs of the organisation.

Lutheran Services Page 6 of 6