



Kimberley Aboriginal Medical Services Ltd

An Organisation of Aboriginal people, for Aboriginal people; controlled by Aboriginal people.

JOB DESCRIPTION FORM

Effective date of document 31 October 2021

POSITION IDENTIFICATION

Award: HPSS

Award Type: Health Professional

Title: Youth Mental Health Professional, **headspace** Broome

Reports to: Clinical Lead **headspace** Broome

Supervision of: N/A

There may be times when the role is required to provide professional supervision and mentoring of students on practical placements, such as allied health students or trainees.

Relationships – Internal

headspace Clinical Lead

headspace Youth SEWB Worker

headspace Youth Vocational Specialists

headspace Youth Engagement Project Officer

headspace Youth Advisory Committee

headspace Administrative Assistant

headspace Lead GP

headspace GP registrars

headspace Peer workers

External

Kimberley Mental Health Drug Service (KMHDS) staff providing a co-located service at **headspace**

Helping Minds staff providing a co-located service at **headspace**

Other local service providers including but not limited to;

- School and education staff
- WA Country Health Services including Child and Adolescent Mental Health Service (CAMHS)
- Department of Communities including Child Protection and Family Services (CPFS), Housing and Disability Services



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Duty Statement

The Youth Mental Health Professional (YMHP) (Psychologists, Mental Health Nurses, Occupational Therapists, Social Workers) will work as part of the multi-disciplinary team at **headspace** Broome to provide youth focused mental health services to young people aged 12 to 25 years. The YMHP will provide youth friendly and inclusive services for young people at risk or diagnosed with a mental health disorder, and may benefit from the wide range of services offered through **headspace** Broome.

Service Delivery

- Provide initial screening and evidence-based assessment of young people to identify individuals experiencing biopsychosocial concerns including but not limited to, mental health and / or alcohol and other drug issues, interpersonal difficulties, familial conflict, or at risk of causing harm to themselves or others.
- Provide brief early interventions and supportive counselling.
- Provide psychoeducation and skills training to young people including coping skills, life skills, anger management, problem solving and conflict resolution.
- Provide best practice, evidence based therapeutic interventions such as Cognitive Behavioural Therapy (CBT), Exposed based CBT, Individual Trauma-focused CBT, Narrative Therapy, Motivational Interviewing, Dialectical Behavioural Therapy (DBT), Crisis Intervention / Risk Management, Psychoeducation, Family-focused Therapy, Supportive Therapy.
- Supported referral to appropriate services as required
- Coordination of care.
- Engagement and assistance to young people from a diverse range of backgrounds and cultures including Aboriginal and Torres Strait Islander young people and family and friends to improve access to services based on a biopsychosocial model of care.
- Participate in integrated multidisciplinary and interdisciplinary care planning for young people, including regular intake and clinical review meetings
- Advocate on behalf of young people.
- Provide family inclusive support including; support to family to understand and be involved in the care of their young person and promotion of family involvement across the young person's mental health care.
- Monitor the mental health and social, emotional well-being of young people.
- Complete and maintain clinical documentation in a timely, professional and accurate manner in accordance to KAMS policy and procedures.
- Maintain professional skills through continuing professional development.
- Collect de-identified data in line with funding body reporting requirements.

Education

- Deliver developmentally and culturally appropriate educational information to young people and groups, including information on primary mental health prevention.
- Provide input as required, as part of comprehensive care planning.
- Participate in community awareness and service promotion activities and events as required

Reporting

- Comply with contracted data collection and reporting requirements for funding bodies.
- Comply with KAMS reporting requirements for consideration by the KAMS Board.

Innovations and Development

- Monitor the wider operating environment for opportunities to better address local mental health issues with an emphasis on integration of mental health services into comprehensive primary health care.

Other

- Other tasks as directed by the Clinical Lead, to support the operational requirements of the service.

Kimberley Aboriginal Medical Services is a smoke-free organization and smoking is prohibited in and around all buildings, vehicles and grounds.



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Selection Criteria

Essential:

Demonstrated expertise in the following areas:

1. Relevant tertiary qualifications and eligibility for professional registration (AHPRA, AASW) in any of the following disciplines; Psychologist, Mental Health Nurse, Social Worker, and/or Occupational Therapist.
2. Provision of evidence based and developmentally appropriate therapeutic interventions such as Narrative Therapy and Cognitive Behavioural Therapy (CBT) to young people 12-25 years.
3. Ability to undertake comprehensive evidence-based psychosocial assessments of young people 12-25 and effectively assess treatment needs, goals, and safety / risk concerns.
4. Demonstrated broad understanding of social, emotional and wellbeing issues as they relate to young people, particularly in regional areas.
5. Experience delivering family inclusive practice
6. Experience working as part of a multi-disciplinary team and ability to participate in shared care planning and treatment of young people based on recommendations provided.
7. Ability to plan, implement and evaluate a range of programs, including group educational or therapeutic programs aimed at young people 12-25 years.
8. Excellent interpersonal and communication skills (both oral and written) including the ability to relate to, connect with and engage young people 12-25 years, in a developmentally and culturally responsive manner.
9. Demonstrated organisational skills and excellent computer literacy in word processing, spreadsheets and secure client database systems.
10. Ability to maintain ethical conduct and confidentiality in regard to young people and staff.
11. Ability to use initiative and contribute to a cohesive, functional and productive workplace culture.
12. "C" class driver's license
13. Current National Police Clearance
14. Current Working with Children Check

Certification



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The details contained in this document are an accurate statement of the duties, responsibilities and other requirements of the position.

KAMS CEO

Signature: _____ Date: ____/____/____

As occupant of the position I have noted the statement of duties, responsibilities and other requirements as detailed in this document.

Name of employee: _____

Date Appointed: ____/____/____

Signature: _____ Date: ____/____/____

About KAMS

www.kamsc.org.au

KAMS (Kimberley Aboriginal Medical Services) is a regional Aboriginal Community Controlled Health Service (ACCHS) resource organization providing a collective voice for a network of member ACCHS from towns and remote communities across the spectacular Kimberley region of Western Australia.

Our major role is in advocacy and support for our ACCHS members, in addition to KAMS being directly responsible for the provision of comprehensive primary health care in 5 remote Aboriginal community clinics at Balgo, Billiluna, Mulan, Beagle Bay and Bidyadanga. Our member ACCHS are based in Kununurra (OVAHS – Ord Valley Aboriginal Health Service), Halls Creek (YYMS – Yura Yungi Medical Service), Derby (DAHS – Derby Aboriginal Health Service) and BRAMS (Broome Regional Aboriginal Medical Service).

The KAMS Work force Support and Development Unit provides a model of integrated health education, incorporating accredited training for medical undergraduates and postgraduates, as well as support and non-accredited training across the Kimberley.

KAMS is also responsible for the development and management of Renal Services for the Kimberley, including satellite dialysis services and support and coordination of local primary health care services in the provision of renal education and prevention, early detection and better management of established kidney disease and coordination of care for those in advanced stages of kidney disease.

The KAMS regional collective of ACCHS is a major employer in the Kimberley, with Aboriginal people representing more than 70% of its 300+ strong workforce. KAMS's regional support includes:

- Population Health
- Social and Emotional Well Being
- Health Promotion
- Information Technology
- Pharmacy Support and Training
- Corporate and Financial Services
- Research
- Regional Renal Services
- Undergraduate and Postgraduate Medical Training

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headspace Broome Background:

headspace Broome opened in July 2008 with the aim of addressing the region's complex and high levels of youth mental health needs. With a focus on enhancing the delivery and coordination of services within the town of Broome and the development of early intervention, awareness raising and community education programs in a whole of Kimberley context.

A consortium of service providers working in Broome and/or across the Kimberley, provide advice and guidance about the operation of the service, KAMS is the auspicing body and therefore carries the financial and legal responsibility of the service. There is a commitment amongst all consortium members to look at ways to work collaboratively in order to develop agreed referral and care coordination for young people who require access to support services.

The **headspace** Broome mission is to implement improvements in the mental health, social wellbeing and economic participation of young Australians aged 12 – 25. It is also to acknowledge and reduce mental illness, high rates of suicide, self-harming behavior and drug and alcohol abuse.