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POSITION:	Support Worker (SW)
SERVICE STREAM:	Disability, C&FS, CJP
AWARD/AGREEMENT:	Social, Community, Homecare and Disability Services Industry Award 2010 (SCHCADS) Modern Award MA000100
AWARD STREAM:	Social and Community Services
AWARD CLASSIFICATION:	Level 2
REPORTING RELATIONSHIPS:	Reporting directly to the Support Coordinator or Facilitator

The focus and purpose of this role is to provide person centred support to children, young people and/or adults, which enhances their quality of life and creates lifestyle solutions that are flexible and innovative and focused on the individual. The position is required to meet pre-determined performance measures established by management.

#### **DUTIES AND RESPONSIBILITIES:**

#### 1. Person

- Understand the needs and experiences of the people we support
- Empower individuals and respect their right to make informed decisions and choices
- Promote dignity, privacy and confidentiality
- Demonstrate a commitment to meeting the needs of the people we support and upholding their rights regardless of personal values and attitudes
- Work effectively with the person's abilities, strengths and needs
- Develop and maintain a safe and professional relationship with all people we support
- Assist, support and develop independence in personal care, health care and hygiene in areas such as dressing, washing, toileting and eating as required
- Provide appropriate role modelling for the people we support
- Practice active listening and develop trust with the people we support and their support networks
- Ensure consistency of approach with the people we support
- Ensure that any medications taken by the people we support are administered according to the Management of Medication Policy and Procedure





- 2. Place
- Create a homelike environment that reflects the needs, culture, personality and aspiration of the people we support
- Support skill-development programs that encourage participation in leisure, sport, recreational activities, and community integration and involvement
- Support people to maintain regular contact with family, friends and advocates and to develop personal, community and social relationships
- Support people to establish connections and networks that extend beyond the service system (for example, community groups, neighbours, clubs etc.) that is aligned with individual goals
- Ensure all chores are carried out to maintain the service outlet in a clean, tidy and hygienic manner
- Ensure that all documentation and record keeping is completed and processed according to organisational policy and procedure
- Ensure that privacy and confidentiality are maintained at all times and that files are securely locked away when not in use
- Keep files for the people we support up to date with all pages in correct sequence

## 3. Planning

- Implement individual and group programs that assist people to develop life skills in areas such as budgeting, shopping, meal planning, cooking, using public transport
- Liaise with and work cooperatively with other service providers in a professional manner to enhance outcomes for the people we support
- Work from a framework of person centric thinking, planning and practice
- Assist and support the people to develop skills and access training which will promote community participation, integration and employment opportunities
- Actively participate in the assessment, development, implementation and monitoring of Individual Plans
- Assist people to identify appropriate and achievable goals as well as strategies to achieve these
- Where appropriate ensure that stakeholders have been invited to and have been consulted in the Individual Planning process
- Collect information and provide reports as directed
- Attend Individual Planning meetings as required
- Identify appropriate life skill domains for the people we support and develop programs which will contribute to the development of their life skills
- Ensure outcomes of goals and objectives are recorded, files are kept up to date reflect individual journey's and feedback is provided regularly





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### 4. Cultural Sensitivity and Awareness

- Develop knowledge and understanding of cultural backgrounds and perspectives and utilise this knowledge to inform your practice and support of people
- Embrace the cultural needs and views of the people we support and incorporate into their daily lives
- Value and respect the diversity of cultures in the process of implementing and plans
- Ensure that support is linguistically and culturally appropriate to the needs of the people we support
- Embrace diversity positively and adopt an anti-bias approach
- Understand the current trends, issues and philosophies that underpin the provision of services to people

#### 5. Participate in Support Team

- Attend and actively participate in team meetings and other meetings as required
- Take an active role in your own personal development and participate in training, education and staff development as requested
- Take responsibility for giving and receiving feedback appropriately within the team
- Contribute to and support team decisions
- Buddy with and mentor new staff as directed

#### 6. Service Delivery and Continuous Improvement

- Demonstrate a commitment to Best Practice
- Display an understanding of and commitment to all policies and procedures of the organisation
- Demonstrate an understanding of the relevant service standards and other essential industry standards
- Comply with all relevant position handbooks, guidelines, policies, procedures and standards
- Immediately report all incidents or situations that may negatively impact the health and wellbeing or reputation of people we support or the organisation, following organisational reporting protocols

#### 7. Maintain a proactive health, safety and wellness culture

- Take reasonable care for his or her own health and safety. Not endanger their own or others' safety and health through their actions or failure to act
- Follow all reasonable directions given to them by their coordinator, supervisor or manager
- Immediately report any work related injury, illness or hazard in the workplace
- Ensure they use any equipment in accordance with the training and instruction that they have received
- Conduct themselves and their work in line with all Lifestyle Solutions WHS policies and procedures as notified to them



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- 8. Contribute positively to the work of Lifestyle Solutions (Aust) Ltd
- Uphold the sentiments of Lifestyle Solutions Mission and Vision Statements, using the values to guide your work and decision making
- Promote the work and profile of Lifestyle Solutions in the community
- Contribute to consultations regarding strategy, policy and procedure development and operational aspects of the support we provide
- Attend network meetings, document outcomes and provide feedback to the appropriate staff, managers and people we support
- Build relationships and networks who provide opportunities for people to access and participate more effectively in the community and who are aligned with the work of Lifestyle Solutions
- Provide reports as required by management
- Follow all reasonable directions provided by Lifestyle Solutions



# SELECTION CRITERIA – Support Worker (SW)

#### **Essential Knowledge and Skills:**

- 1. Relevant experience supporting people and/or children and young people or in a related area/field, that demonstrates a positive commitment to the duties and responsibilities of a Support Worker as outlined above
- 2. Willingness to work shift-work on a 7 day roster including weekends, sleepover shifts and public holidays as required
- **3.** Demonstrated interpersonal skills with the ability to communicate and relate well to people we support and their families
- **4.** Demonstrated ability to work effectively with others as part of a team and contribute to team goals
- **5.** Display an understanding and commitment to privacy legislation, equal employment opportunity legislation, anti-discrimination legislation, WHS legislation and any other relevant legislation required for the role
- 6. Knowledge of local community networks, training and employment opportunities
- 7. Computer literacy, competent administrative and documentation skills
- 8. Current Drivers Licence
- 9. Current First Aid Certificate or willingness to obtain one within first four weeks of employment

#### **Desirable Knowledge and Skills:**

- **1.** Certificate III/IV in Disabilities, Community Services, Social Sciences, Youth and/or experience in service delivery in the relevant field would be highly regarded.
- 2. Knowledge of the relevant State Acts and Standards, Work Health and Safety Act and Regulations and Anti-Discrimination Act
- **3.** Experience working with people with alcohol and other drug issues
- **4.** Experience working with people with mental illness





Acknowledgement of Receipt of Position Description:

I, ..... have read and understand the responsibilities of my employment as

a *Support Worker* as outlined in this position description and accept these conditions.

Signed:

Date:

Return this page with your signed employment contract to:

Lifestyle Solutions Recruitment Team People and Culture Group Lifestyle Solutions PO Box 81 Islington NSW 2296