

Position Description

Position Title:	Mental Health Nurse (CNS, CNC, NP)	Reports To:	PICS Program Manager
Program:	Primary Integrated Care Supports (PICS) Program	Location:	Canterbury, NSW
Award Level:	Nurses Award (2020)	Work hours:	Full Time Fixed Term Mon to Fri, 9am-5pm

One Door Mental Health (ODMH) is a leading for-purpose service provider for people living with mental illness, their families, and carers. All ODMH teams operate within ODMH's Recovery 2gether Framework. Recovery 2gether provides a simple, clear, structured support-approach for: consumers, carers and families; staff; and the whole organisation.

About the Program

One Door Mental Health has been contracted by Central Eastern Primary Health Network to provide the Primary Integrated Care Support (PICS) Program. One Door has delivered PICS since August 2017. The aim of PICS is to provide evidence based clinical mental health services and links to health and psychosocial supports in a primary health care setting, to meet the needs of people who experience severe mental illness.

PICS is delivered by a team of experienced and credentialed mental health nurses and peer workers. Our mental health nurses provide clinical care and care coordination, develop collaborative care plans with other providers, including PICS peer workers, who provide psychosocial support. PICS is a person-centred service, and this provides the flexibility to support people to access the supports and services they need, so when they are discharged to care of their GP, they stay well living in the community.

The PICS program operates Monday to Friday in standard work hours (9am-5pm). There are no shifts. One Door can provide flexibility within standard work hours to fit with family and other commitments outside of work.

About the Position

One Door is seeking a Mental Health Nurse who is credentialed with the Australian College of Mental Health Nursing, or eligible to be credentialed within 12 months. Nurses are generally already working as a Clinical Nurse Specialist, Clinical Nurse Consultant, Nursing Unit Manager or Nurse Practitioner. Registered nurses with 15+ years of experiences can also be eligible.

One Door will match pay rates of NSW Health. One Door is a public benevolent institution and provides salary packaging.

Roles and responsibilities include but are not limited to the following:

- 1) Accept referrals assigned by Intake and undertake due diligence on each referral.
- 2) Ensure effective delivery of quality, timely and culturally appropriate care to a diverse range of people with a range of health issues related to physical or mental illness and/or other complex health issues.
- 3) Establish and maintain therapeutic relationships with proactive recovery oriented and trauma informed individual care, treatment and follow-up.

- 4) Provide information and education to people accessing services as appropriate to facilitate self-management of mental and physical health.
- 5) Include families, kinship groups and carers where appropriate and with consent, and provide support, education &/or referral to appropriate carer supports.
- 6) Coordination of comprehensive holistic physical and mental health assessments, monitoring of mental and physical health and support to access any required treatments.
- 7) Provide brief psychotherapy interventions in line with recovery oriented and trauma informed modalities.
- 8) Collaboratively engage with a range of support services including psychosocial as per each individual's assessed and expressed needs and refer as required.
- 9) Work collaboratively and in partnership with peer workers, GPs, psychiatrists, allied health professionals, community agencies and other relevant stakeholders.
- 10) Maintain healthy partnerships with GPs, allied health professionals, key support agencies, mental health services and community managed organisations to enable ease of exit when required.
- 11) Coordinate sessions with peer workers, GP's, psychiatrists and allied health professionals, including for example dieticians, psychologists, exercise physiologists.
- 12) Facilitate shared care planning with GPs, and care conferences with individuals, psychiatrists, allied health professionals and stakeholders to ensure positive physical and mental health and wellbeing outcomes.
- 13) Contribute to planning and management of the people accessing services Mental Health Treatment Plan.
- 14) Establish and maintain links with Local Health District mental health services to ease transition of individuals between services, in collaboration with PICS Manager.
- 15) Transition individuals to GP care and other community-based services and activities.
- 16) Work autonomously and collaboratively with other members of the One Door multi-disciplinary team, including One Door Health Care Clinical Lead, PICS Manager and Peer Coordinator and Peer Workers.
- 17) Support the Peer Worker in their role with the individual, including regular individual case reviews.
- 18) Work with the Peer Coordinator to allocate Peer Workers to individuals, so the Coordinator can manage Peer Worker case load and update the Coordinator about any other issues.
- 19) Maintain clinical records in Salesforce and service contact data and outcome measures in redicase, so that all data is up to date at the end of each working week.
- 20) Participate in Nurse Practice Meetings, supervision and Communities of Practice and contribute to the development of PICS practice.
- 21) Work within the Codes of Ethics and Practice of the ACMHN at all times, in addition to all legislation, PHN PICS Guidelines, One Door Code of Conduct, policies, reporting and data entry requirements.

- 22) Demonstrate inclusivity by seeking supervision and education around groups or issues that are unfamiliar, such as understanding Aboriginal and Torres Strait Islander cultures, LGBTQ+ communities, the differing needs of younger people, and an awareness of the needs of people who also live with a physical disability.
- 23) Be skilled in the use of interpreter services when working with individuals from culturally and linguistically diverse backgrounds, explaining and gaining consent for this process. In addition, sensitivity must be shown to how this interpretation is working given another person is joining the counselling session, though they may be participating through a telephone service.
- 24) All other actions to support the individual's wellbeing, quality of life and recovery.

What we ask of you

1. Actively promote and demonstrate [ODMH values](#).
2. Follow recovery principles and trauma informed care.
3. Warmly connect individuals to services in the community including GPs, mental health, local substance misuse and support services, clinicians, community, welfare.
4. Proactively communicate with internal and external stakeholders to enable service pathways and support systems.
5. Monitor data and outcomes in the Client Management System, for the people we support.
6. Adhere to and achieve the program's Key Performance Indicators.
7. Work autonomously and collaboratively with PICS team members.
8. Actively contribute to develop the PICS practice.
9. Consult with other team members, Clinical Specialist, and the Manager regarding emerging referral trends
10. Work within ODMH [policies and protocol](#).
11. Demonstrate commitment to the care, safety and wellbeing of self and others in work environment.

Your skills and experience

Essential

- Credentialed with the Australian College of Mental Health Nurses (or evidence of working towards being credentialed within 12 months)
- Extensive experience as a mental health nurse, preferably community-based
- Willing to complete Cultural Competency training & Trauma Informed Care in Practice training, if not done in last two years
- Experience working with GPs and community-based psychiatrists
- Ability to work in a team environment; yet in a very autonomous role
- Ability to self-manage a practice
- Ability to work with and support peer workers
- Flexibility and creativity in supporting individuals
- Ability to use internet based CiMS program effectively
- Valid National Police Record Check, Working with Children Check, NDIS Workers Clearance, & appropriate COVID-19 Vaccinations.

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Desirable

- Mental health nurse experience gained in Australia
- Previous experience working with Peer Workers