

<b>Position Title:</b>	Peer Worker	<b>Award:</b>	SCHCADS Level 3
<b>Program:</b>	Primary Integrated Care Supports (PICS) Program	<b>Location:</b>	Central and Eastern Sydney Primary Health Network (CESPHN) area

**One Door Mental Health (One Door) is a leading for-purpose service provider for people living with mental illness, their families, and carers.**

## About the Program

One Door Mental Health has been contracted by Central Eastern Primary Health Network to provide the Primary Integrated Care Support (PICS) Program. One Door has delivered PICS since August 2017.

The PICS program provides evidence based mental health interventions, linking clients to primary health and psychosocial supports to meet the individual needs of those who experiences severe mental illness. PICS is delivered by a team of experienced and credentialed mental health nurses and peer workers.

The role of PICS peer workers is to provide goal-oriented psychosocial support in the community, working alongside PICS mental Health nurses. PICS is a person-centred service, and this provides the flexibility to support people to access the supports and services they need, so when they are discharged to care of their GP, they stay well living in the community

## About the Position

1. Build one to one supportive relationships and client groups, based on Peer Support Values and Principles that focus on the use of lived experience to support the people we work with in regards to the individuals needs and recovery
2. Work with the nurses, in the development of the individual care plans with clarity of identified roles and tasks.
3. Provide ongoing support to the client within the context of the care plan and goal setting.
4. Provide the client with education and strategies for the development of decision-making, self-advocacy, self-management and wellness skills using personal lived experience.
5. Build on knowledge of current services in the area to link clients to relevant services. Be able to refer to other services when needed. Share this information with the whole team to build up the knowledge of available services.
6. Assist the client to navigate the system and provide support to the client to access new and necessary services. Provide advocacy and support with Centrelink, DCJ, Housing, Psychiatrists, Psychologists, GP's and other allied health professionals and services as required.
7. Maintain regular communication with the PICS Peer Worker Coordinator, including email and verbal.
8. Maintain regular, frequent communication with nurses about clients and follow direction of nurses about clinical care.
9. Attend team meetings and supervision.
10. Record data in a Client Information Management System on a daily basis and be up to date with all data entry at the end of each working week.
11. Complete the Cert IV Peer Work within 12 months of commencing this role.
12. Assist in evaluation and improvement of the program.

## What we ask of you

To achieve the outcomes of PICS you will need to:

1. Work within the PHN issued PICS Guidelines and PICS Practice Manual.
2. Work in a practice (geographic) area.

3. Travel and meet with people, clinicians and team members in the community and One Door hub locations across Central and Eastern Sydney.
4. Carry a client load of approx. 25 people if you are working full time.
5. Work autonomously and collaboratively with the PICS team members.
6. Actively contribute to develop the PICS practice.
7. Participate in monthly external supervision.
8. Facilitate and participate in case reviews the other PICS nurses at one of the PICS hubs.
9. Facilitate regular case reviews with Peer Work team.
10. Participate in six monthly clinical audits to support you to meet key performance indicators.
11. Keep data and case notes up to date on at least a weekly basis.

## Your skills and experience

### Essential

- Personal Lived Experience of living with a Mental Health condition, hardship and Recovery
- Certificate IV in MHPSW (CHC43515) or willingness to obtain within the first 12 months of employment.
- Experience working in the community.
- Driver's licence and access to a comprehensively insured motor vehicle
- Willingness to complete Cultural Competency training.
- Ability to work in a team environment, yet in a very autonomous role.
- Ability to self-manage a workload.
- Ability to work with and support nurses and clients/ consumers.
- Ability to use internet-based CMS program effectively and general computer skills.
- Flexibility and creativity in supporting individuals.
- Current and valid First Aid certificate

### Desirable

- Mental Health Peer Worker experience
- Previous experience working in mental health or social services