# **Position Description**



Position Title: Bilingual Mental Health Worker Award Level: SCHADS Level 4

**Program:** Bilingual Hospital to Home Program **Location**: Western Sydney NSW

**Supported by:** Operations Leads/Recovery 2gether Coach

**Special Conditions:** This role may require transport of consumers in personal vehicle. Appropriate

Award reimbursement will be applicable.

One Door Mental Health (ODMH) is a leading for-purpose service provider for people living with mental illness, their families, and carers.

## **About the Program**

The Bilingual Hospital to Home (H2H) supports people living with mental illness, and people who have self-harmed or attempted suicide; for up to 12 weeks following discharge from hospital. We help people to connect, to live well in their community.

#### **About the Position**

The Bilingual Mental Health Worker is responsible to build relationships and capacity within the Western Sydney Community to strengthen co-ordination, referral pathways and connections between GPs, Allied Health Providers, Government Agencies, Health Services and Community Services to improve support for individuals from culturally and linguistically diverse populations who are impacted by severe and persistent mental health conditions.

ODMH operates locally as self-organised teams – called Recovery 2gether teams. Team members are collectively responsible and accountable for:

- working with the people we support (e.g. clients, consumers, family, and carers) and
- team tasks.

As a team member, you will work collaboratively with other team members to facilitate the effective operation of the team.

### What we ask of you

- 1. Actively promote and demonstrate **ODMH values**
- 2. Follow recovery principles.
- 3. Undertake or review risk assessments prior to contact with the people we support to ensure supports are delivered safely and, in the manner agreed with the people we support.
- 4. Review and adjust 'Safety and Wellness Plans' prior to the delivery of supports safely, and as agreed with the people we support.
- 5. Work with the people we support in the mental health units to help plan their discharge with the mental health team, define their goals and needs for the first 6 12 weeks after discharge, and then support the individual in the process of implementing the plan and linking to relevant services and supports.
- 6. Adhere to and achieve the Program's Key Performance Indicators.
- 7. Ensure current people we support data, case notes, goals and outcomes information are recorded in the Client Management System.
- 8. Facilitate the completion of psychometric measures with consumers.
- 9. Develop relationships and work closely with Local Health District Community Mental Health teams Hospitals (including Transcultural Mental Health Mental Health staff, Settlement Services, Diversity Services and other relevant services in the Western Sydney to accept and make referrals.

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- 10. Liaise with unit staff, GP, Allied Health and relevant services to support the individual to access services away from the hospital setting and within their local community in the transition period from Hospital 2 Home.
- 11. Build collaborative relationships with key culturally and linguistically diverse community leaders andmembers to support individuals, families, and carers in those communities to improve access and connections to appropriate support services.
- 12. Provide Community and Consumer lifestyle, capacity building, and education Groups and promote weekly social connection and ward for consumers in the program.
- 13. Contribute to effective team processes and joint decision-making within a team self-organising framework for the benefit of people we support and of other team members. Adhere to and achieve the team functions.
- 14. Consult with other team members, the Coach and the Support Hub Practice Lead regarding complex support issues.
- 15. Work within ODMH policies and protocol
- 16. Demonstrate commitment to the care, safety and wellbeing of self and others in work environment

## Your skills and experience

- 1. Relevant tertiary qualifications to Certificate IV in mental health, peer work or related field, and/ortwo years of experience in mental health related work.
- 2. Bilingual fluent in relevant language/s of the culturally and linguistically diverse communities in Western Sydney.
- 3. An understanding of the recovery- based approach to assisting people with severe and persistent mental illness
- 4. Knowledge of the NSW mental health system and local services
- 5. Ability to communicate effectively in all interactions with all stakeholders
- 6. Demonstrated computer literacy to use Microsoft programs and the capability to learn other applications.
- 7. A current driver's licence and access to a fully insured vehicle
- 8. Strong relationship building skills to navigate, collaborate and develop partnerships with the NSW mental health system and local services.
- 9. Ability to exercise personal responsibility and work as part of team, with the support and guidance of a Coach.