

Position Description

Title:	Family Mental Health Therapeutic Worker
Position Number:	20147
Agreement Coverage:	RASA Enterprise Agreement 2014
Classification Level:	Grade 4
Team:	Western
Reports To:	Team Leader FMHSS
Primary Location:	Port Adelaide

Primary Objective

The Family Mental Health Support Services (FMHSS) operate in the Western region of Adelaide covering suburbs in the Charles Sturt and Port Adelaide Enfield local government areas. The Family Mental Health Therapeutic Worker works within a whole-of-family context to provide early intervention support to children and young people up to the age of 18 years who are showing early signs of, or are at risk of developing, mental illness. The Family Mental Health Therapeutic Worker will provide short term assistance, intensive long term interventions and group work to clients.

Position Responsibilities

- Work under general direction of senior staff in undertaking the key objectives of this role.
- Provide counselling, case work and group work.
- Conduct child centred assessments and risk screening of clients referred, working in a whole of family context.
- Undertake child focused and trauma informed case work with vulnerable and complex families.
- Develop and deliver therapeutic and educational group programs
- Provide practical assistance tailored to the needs and situation of each child, young person and family.
- Develop partnerships and linkages with other services to establish good referral pathways into and out of the service in order to reach vulnerable children, young people, families and carers, who may not otherwise engage with the mental health or children's services sector.
- Work with children, young people and families to identify risk factors or issues which may lead to poor mental health outcomes later in life and work with the child, or young person and their family to address these issues, and strengthen protective or positive factors.
- Establish effective partnerships with other family and children's services and with the local network of 'first-to-know' agencies such as schools, early childhood centres and child welfare agencies which are vital in identifying at-risk children or young people.
- Proactively accountable for own work through regular participation in supervision, up-to-date calendar and data entry record keeping of services provided through the Penelope client information system and Outlook calendar.

Qualifications and Experience

Essential

- A Bachelor degree (AQF level 7) in Social work, Psychology or related discipline or the equivalent relevant experience.
- Experience and expertise gained through previous appointments, services and/or other study related to this position.

Desirable

- Training in evidence based group programs (e.g. Bringing up Great Kids, Circle of Security)

Skills, Knowledge and Abilities

- Ability to understand and explain RASA policies to clients in an appropriate manner.
- Ability to respond sensitively and effectively to people in dispute, under stress or in crisis.
- Ability to monitor and evaluate own work practices that contribute positively to and support operations towards the achievement of own targets and goals within the program goals.
- Ability to work and communicate effectively with a wide range of people from different cultural backgrounds and to respond sensitively and appropriately to Aboriginal and CALD community and client needs.
- High level of interpersonal skills, including sensitivity, diplomacy and the ability to negotiate effectively.
- Demonstrate a good level of oral and written skills.
- Knowledge of current evidence based practices.

Requirements

List the essential requirements of the job, considering the need for:

- Current valid driver's licence
- Own vehicle for use during working hours
- A satisfactory DCSI check for working with children
- A satisfactory National Criminal History Check
- Flexibility to work evening shift, extra hours/days to cover leave and other contingencies
- Flexibility to work at outreach locations.
- Ability to adapt and perform duties as required by changing program needs

Work Health and Safety

- Demonstrate safe work practices for personal health and safety and the health and safety of others in line with Work, Health and Safety requirements.
- Comply with any reasonable instruction that is given by RASA and co-operate with any reasonable policy or procedure of RASA relating to health or safety in the workplace.

Direct reports

N/A

Values and Behaviours

The values and behaviours expected of RASA staff are outlined in the RASA Values, Ethics and Principles statement and the RASA Shared Behaviours statement. The duties outlined in this position description are to be read in conjunction with these statements along with the values outlined below.

- Diversity** We believe that human diversity contributes to a rich and vibrant society.
We recognise the importance of culture in the lives of individuals and value cultural diversity.
We believe in each person's expression of their spirituality and the importance of all religions.
We respect the diversity of relationships between and in individuals, families and communities.
- Respect** We believe in the unique and innate worth of all individuals.
We value the right of all people to live in safety and be treated with respect.
We support an equitable, just and non-discriminatory society.
We believe in the importance of living in harmony with our environment.
- Belonging** We recognise the importance of a sense of connection and belonging in people's lives.
We value the importance of caring and loving relationships for couples, families, kin and friends.
We believe in the importance of positive and supportive relationships with the local community, between communities and in workplaces.
- Learning** We believe that people should have the opportunity to learn and change throughout their lives.
We value people's right to make choices and learn from their experiences.
We believe in the importance of working and living together and learning from each other.

Acknowledgement

I have read, understood and accept the position as documented in this position description.

Employee Name:

Signature:

Date:
