

### **COUPLE & FAMILY COUNSELLOR**

#### JOB DESCRIPTION

**Position Description:** Provides quality couple and family therapy clinical work

to clients (individual, couples, families – which may include children and groups) across a broad spectrum of issues. This position promotes services to clients and external customers of the organisation, works as part of a team and contributes to program/service

development.

Reports to: Regional Manager via the Team Leader in the

Counselling program.

**Position Type** Permanent Full Time / Part Time

**Position Liaises with:** Other Relationships Australia (NSW) Managers and

Team Leaders, external referral agencies and

stakeholders

**Location:** RA NSW regions and/or centres

## **Core Responsibilities**

- Works across all client types (individual, couples, families may include direct work with children and groups) including complex intakes / assessments
- Provide counselling managing increasingly complex cases
- Participate in related clinical activities
- Participate in regular case consultation/supervision
- Ensuring compliance with Workplace Health and Safety in line with the organisation's WH+S Policy and procedures.

### **Key Tasks**

- Providing face to face and indirect contact with clients to provide counselling services
- Maintain case notes, client and administrative records
- Familiarity with and adherence to organisational policies and legislative requirements
- Attend and contribute to regular staff development activities and team meetings
- Contribute to other programs as necessary or required

- Assist in the development of regional programs as required
- Undertake additional administrative and clinical duties as required

# **Key Competencies**

- Clinical demonstrated skills in providing couple and family counselling, assessment
  of clients' situation, needs and goals and working with the clients, providing
  interventions to resolve presenting issues; ability to quickly establish rapport, respect
  and trust with clients; demonstrates a high level of professionalism; ability to selfcare, understanding both the need for confidentiality and keeping
  Supervisor/Manager informed of concerns or critical issues.
- Interpersonal and Communication Skills ability to promote the service in a range
  of forums and inspire confidence through the timely resolution of enquiries or work
  requests; be adaptable in difficult situations; demonstrate a high level of effective
  verbal and written skills in dealing with people at all levels including the skills to use
  information technology, Microsoft applications and data bases for communication,
  data collection and reporting and evaluation.
- Knowledge excellent knowledge of key issues related to couple and family relationships; knowledge of theoretical frameworks for couple and family counselling; knowledge of legislation relevant to the service.
- Teamwork works collaboratively with the region/centre team to accomplish
  organisational goals and reinforce the vision; respects the needs and contributions of
  others for quality service delivery and appreciates the operational pressures within
  the region/centre.

## **Qualifications/ Experience**

# **Essential**

- Degree qualified in Social Sciences or equivalent
- Post Graduate qualification and training in Relationship Counselling or equivalent with an understanding of the systemic approach.
- Minimum 100 hours of clinically supervised face to face counselling experience with couples and/or with families.
- Self management and ability to work within the organisation's ethical framework, policies and procedures
- Demonstrated ability to work effectively in team
- Efficient administrative skills including the use of information technology and data bases for communication, evaluation and data collection

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Capacity to provide quality customer focused care.

#### **Desirable**

• Previous experience in group work or training

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Owner: Executive GM, Clinical Services

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